



**Zonta Club
of Ballarat Inc**

Member of Zonta International

BAZ

**ZONTA CLUB OF BALLARAT INC.
PO Box 1223, BALLARAT, VICTORIA 3354**

Editor: s.harbison@bigpond.com

FEBRUARY 2011

Area 4 District 23

Ballarat Dinner Meetings

are held the fourth Thursday of the month 6.30pm
for 7.00pm at The Barkly Motel, Main St., Ballarat.
~~~~ Phone Pat Fraser on 03 5332 2995 ~~~~

**PRESIDENT Lee Belcher**



**From the President's desk....**

It seems a bit late to be wishing you all a happy New Year with March around the corner.....but I trust you have had a good break since last we met and haven't broken those resolutions yet.....I have promised not to eat any Easter eggs until April but its tough going!!! Mind you I think my chooks have made a resolution not to lay any more eggs until Easter... is there is a place for hormone replacement therapy in the aging fowl???

My thanks to all who gave up their Saturday on Jan 29<sup>th</sup> to get together to reflect on our strengths and weaknesses and thanks to Stella for her excellent notes which she has circulated. Probably the change recommended with the biggest impact is the concept of alternating business and social dinner meetings – social dinners will have a speaker and lots of time to chat, whereas business dinners will be the forum for communication and discussion with no guests present. What do you think? – tell the Club your views at the dinner meeting this Thursday.



**Val Sarah, Anne Smail and President Lee at the 2011 Planning Day.**

Only 2 weeks to our Centenary IWD dinner – I hope you have booked your ticket already and rounded up your colleagues to help us celebrate this important milestone.

Hilary is looking for ideas/suggestions for items we could sell on a Market stall at the District Conference. Do you have any suggestions or contacts?? Remember the profit goes into our coffers which are sadly in need of a boost at the moment!

Hilary, Stella, Pat, Val and Leesa are all heading to Sydney on Saturday March 5<sup>th</sup> to attend a luncheon where our Governor -General Quentin Bryce will be inducted as an International Honorary Member of Z1. Go team Ballarat! We know you will have a fabulous day and look forward to your report at the March dinner meeting (particularly what you have for pudding.....)

See you all on Thursday to take up the baton for Women in 2011!

Lee Belcher  
President,  
Zonta Club of Ballarat

## Report on the Ballarat White Ribbon Day (BWRD) Committee and Launch for 2010.



From L-to-R: Hilary Pope, Treasurer of ZB, handing over the Zonta Ballarat sponsor cheque = \$2,185.00 to Chairperson of BWRDC Graham Hoad with Gillian Canavan, ZB Representative-BWRDC.

The Ballarat White Ribbon Day Committee (BWRDC) was established in 2004, to join the International White Ribbon Day campaign to eliminate violence against women in our society. The BWRDC consists of community, government and volunteer workers from a range of organisations and a representative from Zonta Ballarat, since 2004 too.

The 2010 White Ribbon Day/Say 'No' to Violence against Women - Annual Launch was held at Alfred Deakin Square, within the Ballarat Art Gallery – Access Area (due to the inclement weather), on the 25<sup>th</sup> November, 5.30pm-7.30pm. Over 300 people, including the invited guests and representatives from various Ballarat community organisations were in attendance.

### *The Guest Speakers included:*

Senior Ambassador-BWRD, Wilbert Mapombere (Lawyer–Deakin University) and Junior Ambassador, Matt Briody (Student -Ballarat High School) spoke about 'what white ribbon day' means to them.

### *Entertainment included:*

Ballarat Thursday Night Choir and African Drumming Group, Mimes Rock Band.

### *Photo Competition and Exhibition:*

'Respectful Relationships.'

The members of the Ballarat WRD Committee - 2010 concurred that the format of the 'family-friendly with a BBQ and music' launch and the extensive local media coverage ensured that the event was highly successful in again conveying to our community the insidious consequences of, and the need to eliminate domestic violence.

The community organisations involved with the 2010 Ballarat - WRD Committee were able to set up their logos at Alfred Deakin Square.

The Zonta International –Ballarat banner was on display, beside the stage, at the launch.

The Ballarat WRD Campaign is a most relevant and worthwhile project for Zonta - Ballarat to support and promote; it is in accordance with the principles and objects of Zonta–International, incorporating our social justice policies on the advancement of Women Worldwide and promoting justice and universal respect for human rights.

*Zonta Ballarat was a major sponsor of the 2010 BWRD campaign donating \$2,000.00 towards the launch expenses.*

From: Gillian Canavan – Zonta Ballarat Representative on BWRDC.

## PRAM Report

PR – promotions and public relations  
A – Advocacy and Archive M - Membership



### **Committee Chair – Val Sarah**

**Committee:** Sandy Harbison,  
Anne Smail & Helen Weadon

It was good to reconvene after the summer break, and discuss topics relevant to our committee which arose from the Reflections Day at Anne and Andrew's new home. Thanks Anne for the hospitality!

### **Public relations**

Thanks to Serena Eldridge, Marketing Manager at The Courier, we were able to feature promotion for our International Women's Day Dinner in the program pages of their *UnWind* Magazine on two consecutive weeks in February, as their sponsorship for the event. We thank Hilary for arranging with Gavin to have the IWD promo up on the website. We welcomed Simone Meade as the new Health Promotion Worker at Women's Health Grampians and liaison for *Ballarat's Great Women*. Chloe Biggin, The Courier's Custom Publications Coordinator, advised

that the theme for their special publication *WOMAN 2011*- due out March 8 - will be *The 100<sup>th</sup> Anniversary Celebration of IWD*.

## Advocacy – For Your Information

As you know, on 1 January 2011, the United Nations made history as UN Women – the UN body dedicated to gender equality and the power of women – began its work with a powerful vision “Gender equality must become a lived reality”. On Thursday 24 February, the night of our Dinner Meeting, there will be a live webcast of the launch of UN women at the UN which will be hosted by MC Christiane Amanpour. “Honouring the Past – Envisioning the Future for Women and Girls” can be seen on [www.un.org/webcast](http://www.un.org/webcast) between 6.30 and 8.30 p.m.

UN Women Australia are holding a Fundraising Breakfast on Thursday 3 March at 7.00-8.45 a.m. at the Melbourne Convention and Exhibition Centre, Southbank, Melbourne with Justice Unity Dow from Botswana as the major speaker. For details contact [Melbourne@unifem.org.au](mailto:Melbourne@unifem.org.au), or 0419 911 342.

The Victorian Women's Trust is joining with a group of other women's organizations to invite you to a “fantastic public lecture on the remarkable feminist and activist Muriel Matters, a Suffragist of international standing who travelled to the UK in the early 1900's and immersed herself in the struggle to achieve women's rights to vote”. The lecture, delivered by South Australian MP Frances Bedford, will be held at 7 for 7.15 on Tuesday 15 March at the Welsh Church, 320 Latrobe Street. For details, email [janya@vwt.org.au](mailto:janya@vwt.org.au) or ph 03 9642 0422. Note: as of March 16 the VWT is moving and will be located at 9/313 Latrobe Street, Melbourne, with phone number and email/website remaining the same.

**ARCHIVE** Nothing to report

## Membership

It is with regret that we advise the resignation of Sandra Kennedy, whose responsibilities at the City of Ballarat have increased to the extent that she can no longer sustain her membership with us; we have thanked her and wished her well. Prospective member Jayne Stinton is on a month's leave from work and returns on March 11; we'll contact her again then. Helen Weadon has asked for Leave of Absence due to a new workload which includes regular and constant travel – Helen, we'll miss your innovative ideas and hope you can rejoin us once you have settled into your new routine!

We have received 5 enquiries about membership, only one of which did not meet our criteria. We'll welcome prospective member Rachael Nuttall at our February Dinner Meeting: a former Zontian with the Brisbane Metro Breakfast Club, she is now Manager, Planning – Major Projects, with Central Highlands Water.

As we write this, our committee is currently awaiting the return of Prospective Member forms from a business entrepreneur, a worker with Southern Cross Care, and a member of the Defence Force.

*ps. Former member Carol-Lynn Bond writes from Melbourne: “I've settled in well, thank you, and*

*I'm finding life much easier as getting to and from work is a breeze! It's quite a nice area to live in (Montmorency) and I do already have a few friends in this area whom I know from work at the Austin. I hope all is well in your world. Please give my best wishes to all at ZONTA.”*

*Val Sarah,*  
Chairman

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## REPORT FROM VICTORIAN ZONTA PAST PRESIDENTS GROUP

Hilary Pope and Stella Coffey attended the latest meeting of the PPG, held in Melbourne on Sunday 20 February.

### Dates to note include:-

**Area Workshop** (Areas 1 and 4 combined) – Saturday 14 May, in Melton. Theme – “Education Creates Choices”. Further details of venue and times to be advised. All current and prospective members welcome.

**Zonta Club of Melbourne on Yarra – 45<sup>th</sup>**

**Birthday Lunch** – Sunday 29 May – Amora Riverwalk Hotel, Richmond

Club Board Development day – training for incoming club Board members – Sunday 5 June – venue to be confirmed – possibly Kyneton.

**Zonta Club of Melbourne's West 30<sup>th</sup> Birthday** – Sunday 21 August

**District Conference 2011**, Melbourne – 7 to 9 October. Early Bird registration opens May - \$325 until 17 July (then \$375). Next newsletter due out very soon!

**Fran Quinn Award – Victorian College for the Arts, Melbourne** – Sunday 9 October (stay on for the afternoon after Conference!)

**District Conference 2013** will be in Fremantle, WA – September or October 2013 – actual dates still to be confirmed.

The Past Presidents Group have been reviewing their role in providing support and training to clubs – in addition to the Board Development day scheduled for Sunday 5 June, a core group of PPG members are working on a program to be rolled out in 2012 to provide support and training in specific topics directly to individual clubs – a whole new and exciting approach!

More news to come later this year.

## A Story about Friends

A teacher asked her students to list the names of the students in the room on two sheets of paper, leaving a space between each name.

Then she told them to think of the nicest thing they could say about each of their classmates and write it down. As the students left the room, they handed in the papers.

That Saturday, the teacher wrote down the name of each student on a separate sheet of paper, and listed what everyone else had said about that individual.

On Monday she gave each student his or her list. Before long, the entire class was smiling. 'Really?' she heard whispered. 'I never knew that I meant anything to anyone!' and, 'I didn't know others liked me so much,' were most of the comments.

No one ever mentioned those papers in class again. She never knew if they discussed them after class or with their parents, but it didn't matter. The exercise had accomplished its purpose. The students were happy with themselves and one another. That group of students moved on.

Several years later, one of the students was killed in Vietnam and his teacher attended the funeral. The church was packed with his friends. One by one those who loved him took a last walk by the coffin. The teacher was the last one to bless the coffin.

As she stood there, one of the soldiers who acted as pallbearer came up to her. 'Were you Mark's math teacher?' he asked. She nodded: 'yes.' Then he said: 'Mark talked about you a lot.'

After the funeral, most of Mark's former classmates went together to a luncheon. Mark's mother and father were there and said to the teacher. 'We want to show you something, They found this on Mark when he was killed. We thought you might recognize it.'

Opening the billfold, he carefully removed two worn pieces of notebook paper that had obviously been taped, folded and refolded many times. The teacher knew without looking that the papers were the ones on which she had listed all the good things each of Mark's classmates had said about him.

'Thank you so much for doing that,' Mark's mother said. 'As you can see, Mark treasured it.'

All of Mark's former classmates started to gather around. Charlie smiled rather sheepishly and said, 'I still have my list. It's in the top drawer of my desk at home.' Chuck's wife said, 'Chuck asked me to put his in our wedding album.' 'I have mine too,' Marilyn said. 'It's in my diary'

Then Vicki, another classmate, reached into her pocketbook, took out her wallet and showed her worn and tattered list to the group. 'I carry this with me at all times,' Vicki said 'I think we all saved our lists'

That's when the teacher finally sat down and cried. She cried for Mark and for all his friends who would never see him again.

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Leesa Myers, Stella Coffee and Hilary Pope relaxing before the start of the 2011 Planning Day

Updates and information from District Board meeting:-

The District Board has sent congratulations to Queensland Premier Anna Bligh on her leadership during the recent floods crisis. District Governor Jane Smith encourages any clubs to consider "adopting" a club in the flood affected areas – many of our sister Zontians have been affected and will need and appreciate our support.

News to come about a new mentoring scheme for new members, new club leaders and new nominees for District leadership positions
Members who Introduce at least 2 new members will be recognised at the next International Convention in Turin, 2012

The District Insurance policy is being reviewed. Any changes to entries in the District Directory should be submitted to District Secretary Nan Martella as soon as possible after the change.

Any suggested changes to International Bylaws need to be submitted first to District Conference by 1 June 2011 – the District Bylaws and Resolutions Committee (Ronda Walker, Ann Horrocks and Sandra Burns) are able to assist with this – see District Directory for contact details.

E-mail etiquette – when sending e-mails to District, please include in subject line the word "Zonta", your Area, the name of your club, the subject matter and the date; e.g. Zonta, Area 4, Ballarat, Club Minutes, February 2011.

This makes it much easier for the District Secretary to sort, classify and file communications. Also when forwarding e-mails, please remember to delete any

unnecessary text and the e-mail addresses of other people before forwarding – this is essential for privacy. If you're sending a flyer, newsletter or invitation to another club, please send it to the president, the secretary and, if available, the club e-mail address.

Please remember to check distribution list inside back cover of the District Directory when sending out club communications, e.g. minutes, reports and newsletters.

Fees for 2011/12 have been set as \$96 International and \$28 District

All members registered on the ZI Website should now be receiving the e-newsletter from Zonta International – please feel free to forward this to other members and prospective members.

The historical display at the District Conference will this year feature photos about the enjoyment of Zonta – start sorting out your photos now!

Club Presidents have been asked to send names of all current members who are past presidents to the District Nominating Committee so that they can be considered for nomination for District leadership positions.

Each Area has banners promoting our Breast Cushion and Birthing Kits projects – these banners can be borrowed for club events – contact your Area Director.

Stella Coffey



Sandy Harbison, Pat Fraser and Carole Norton sharing a joke at Planning Day

NEW UN WOMEN'S BODY PLANS TO REINFORCE PRESENCE AT COUNTRY LEVEL

New York, Jan 25 2011

The new United Nations agency promoting women's rights and their full participation in global affairs will reinforce its presence in individual countries, as opposed to relying on regional representation, to more clearly understand the specific problems, its chief said today.

"Probably one of the more important issues is that we intend to strengthen at the country level the national capacity on working with women and that will distinguish the field work. We will continue to get closer to women every day, their reality and to better understand their needs, their concerns," UN Women Executive Director Michelle Bachelet told a news briefing in New York.

"We will be bold and ambitious but also practical in building an organization that can make a lasting difference to women's lives," she said, stressing the enormous capacity that women have as a key for development.

Ms. Bachelet, a former president of Chile, laid out the complexities of the problems confronting UN Women. While 96 per cent of the gap between women and men in the field of health and 93 per cent of the gap in education have been closed, 41 per cent of the disparity in economic participation and 82 per cent of that in political empowerment remain to be narrowed.

In remarks to UN Women's executive board yesterday, she laid out five thematic priorities in the country-specific context: expanding women's voice, leadership and participation; ending violence against women; ensuring women's full participation in conflict resolution; enhancing women's economic empowerment; and gender equality priorities central to national, local and sectoral planning and budgeting.

And she cited five core principles: enhancing implementation of international accords by national partners; backing intergovernmental processes to strengthen the global framework on gender equality; advocating gender equality and women's empowerment; promoting coherence within the UN on the issue; and acting as a global broker of knowledge and experience.

For more details go to UN News Centre at <http://www.un.org/news>

Status of Women and Service Committee Report



Committee Chair: Pat Fraser

Committee: Eileen Anderson, Gillian Canavan, Greta Christie, Stella Coffey, Leesa Myers and Carole Noton

The Committee has reviewed the outcomes of the Reflection Day held in January, and made some suggestions to the Board.

As part of our "hands-on" service commitment, Pat has been busy putting together 28 toiletry bags which she has passed on to Lisa Lodge, where they were gratefully received.

Pat has also packed 48 Breast Cushions and 12 of these have been picked up by St John of God Hospital. The Committee is most grateful that our CWA partners are again willing to assist with cutting out and stitching the "outers" for our cushions, which provides us with a good supply to fill at our next working bee. At this stage we are again planning to get together with the ladies at Curves to do this during October which is Breast Cancer Awareness Month. Thanks to our District Breast Cushion Coordinator, Jasmine Koch, we have been able to source a bulk supply of stuffing at a very reasonable price, which has now been delivered. This will supply us with stuffing for at least a year. This is a most popular project for our members, who are touched and encouraged by the frequent letters and cards of appreciation that we receive from the recipients of the cushions.

Pat has been appointed to the Ballarat City Council's Committee for Positive Ageing and as part of this work has been looking at revamping our "Women Living Alone Safely" brochures.

On Saturday 5 March, three members of the Committee, (Pat, Leesa and Stella) will join over 100 other Zontians and guests at the ceremony in Sydney to induct the Governor General Quentin Bryce as an International Honorary Zontian. The ceremony will be conducted by International President Elect Lynn Mackenzie from New Zealand, on behalf of International President Diane Curtis who is unable to attend. Watch this space for photos and a report next month!

Pat Fraser – Chair

AMELIA EARHART BRUNCH

Once again Stella and I were on the Mornington Peninsula to attend the annual Amelia Earhart function organised by the Mornington and Frankston Clubs. This year it was a Brunch held on 16 January at the Peninsula Country Golf Club.

Guest speaker was Lauren Burns, Zonta International Amelia Earhart Fellowship recipient, who was presented with her certificate and wings by Ann Horrocks, former D23 AE Fellowship Coordinator.

Lauren is a PhD candidate at RMIT University. She spoke of her years with the Air Cadets and taking flying lessons from the age of 14 – she did her first solo flight on her 16th birthday (the earliest legal age possible). She gained her Bachelor of Aerospace Engineering degree in 2008, including studying for part of the time in Germany. Her presentation covered her project "Learning from Nature – Bio-inspired Engineering", which includes study at Boeing and RMIT.

The Fellowship award has been used to purchase a laptop and to pay the expenses of attending an international conference in Nice (France), where she won the award for the best student paper.

As always at these functions the raffle had a wide variety of prizes and Stella brought home two bottles of Mornington Peninsula red. I was lucky enough to be drawn also and chose a quilt in a range of autumn colours made by one of the local Zontians – very handy for feet up on the sofa on winter evenings and it looks great too.

Hilary Pope, Treasurer

Fundraising & IWD



Committee Chair: Hilary Pope

Committee: Judith Coull, Helen Eyres, Judy Snowden

IWD/FUNDRAISING COMMITTEE REPORT

Following Sandra Kennedy's resignation from the Club and Judith Coull's application for leave of

absence, the Committee is down to three members, so we will be asking at the Dinner meeting for volunteers to assist with running the raffle, greeting guests etc.

However, the best way you can assist us with the IWD dinner is to get details of the function out to your friends and networks and get bookings in. Pre-payment is necessary (you can give me booking forms and pay at the Dinner meeting) and no payments will be collected on the night. The easy way to pay by credit card is to log on to our website and pay through PayPal – that gives the payer an immediate acknowledgement and receipt also.

Thanks to the generosity of supporters we have a goodly array of raffle prizes and gifts for attendees.



Janelle Yates - our guest speaker for the IWD.
"Photo courtesy of The Courier".

I have been contacted by Kate Owen, who is currently in Ballarat, and she and Desley Beechey will be attending the dinner with an information table about the new project for Timor Leste. Come along and take the opportunity to catch up with Kate before she disappears again!

Women's Health Grampians have received nominations for Ballarat's Great Women from a number of organisations and people and those who are at the dinner will be introduced and presented with a certificate by WHG and a yellow rose by the

Club. Five or six of the nominees will also speak for a couple of minutes.

So, please sell tickets and bring your friends along to enjoy a great night out and raise funds for the ZI and UN Women international projects.

Because we did not have a selling day with the car, this year our profit from the Rotary Community Raffle is not great, but we have made some money. Did anyone get a phone call yesterday to advise they have a new car?

There will be the opportunity of running a market stall at the District Conference later this year, so we are checking prices to restock with mugs etc and also investigating some other ideas. What would you like to buy from a Conference market stall that isn't already being sold by other Clubs in the District?

Hilary Pope
Chair, IWD/Fundraising Committee



More planning Day participants: Greta Christie, Eileen Anderson and Judy Snowden

GRAND FINAL OF VIDA'S VOICES

The Grand Final of this program, organised by the Victorian Women's Trust, was held at Federation Square on Sunday 31 October.

Keynote speaker at the event was Susan Brennan, International President of the YWCA and musical items were presented by talented young performers.



Susan Brennan – guest speaker at Grand Final and world president of YWCA

The girls who had been trained at the start of the program to be the Leadership Group, all pupils of Preston Girls Secondary College, acted as MCs for the afternoon and greeted and seated guests on arrival.



Preston Girls Leaders from front left: Charisma Dungan - executive of Debating Association of Victoria, (expert Grand Final judge), Cheryl Judd - Principal of Preston Girls Secondary College, Mary Crooks - Executive Officer of VWT, Dur-e Dara - convenor of the VWT, Vicki Fitzgerald - Project officer of Vida's Voices

These girls have played a very important part throughout the various rounds of the program, briefing and training the candidates and conducting the regional judging rounds. At all stages two of the leadership group have acted as judges with a guest judge (the role I had in Ballarat).

There were six finalists, though none of the girls who took part in the Ballarat round was amongst them.

Finalists were drawn from a wide range of schools: Elwood College, Leongatha Regional Catholic College, Star of the Sea College (Gardenvale), Presbyterian Ladies' College, Fintona School and Euroa Secondary College. As in the regional rounds, each finalist had to give a prepared five minute speech and also a short impromptu speech and they all did themselves proud. The guest judge for the final was Charisma Dungan, who is Executive Officer of the Debaters Association of Victoria.



Winner of Vida's Voices for 2010 was Iryna Byelyayeva of Elwood College.

The Club's involvement in the program was recognised, as was Val Sarah's role as a regional organiser, mine as a judge and Anne Smail's at the training session.

If the Victorian Women's Trust is able to gain funding to run this program again in 2011 I recommend strongly that the Club again support them, with assistance and a grant. The value of the program lies in the training it provides for the girls who organise the events as well as those who take part in the competition as speakers.

Hilary Pope, Treasurer

DATES TO REMEMBER

24 February	Dinner meeting (Budget approval)
March 8	International Women's Day (Centenary) IWD Dinner at Mercure
March 10	Board meeting
March 24	Dinner meeting (Slate of candidates issues)
April 14	Board meeting
April 28	Dinner meeting – AGM
May 12	Board meeting (joint meeting of new and outgoing Boards)
May 14	Areas 1 and 4 Workshop (for all members)
May 26	Dinner meeting (changeover)
May 29	Melbourne on Yarra's 45 th birthday lunch
June 5	Areas 1 and 4 Development Day for Club Board members
June 9	Board meeting
June 23	Dinner meeting
July 14	Board meeting
July 15	Early bird registration for District Conference closes (registration opening in May)
July 24	Past Presidents Group meeting
July 28	Dinner meeting
August 11	Board meeting
August 21	Lunch for Melbourne's West's 30 th birthday
August 25	Dinner meeting
September 8	Board meeting
September 22	Dinner meeting
October 7 – 9	District 23 Conference
October 9	Melbourne on Yarra's Fran Quinn Awards
October 13	Board meeting
October 24	UN Day Our Club chartered 1978
October 27	Dinner meeting (birthday)
November 8	Zonta founded 1919
November 10	Board meeting
November 24	Dinner meeting (Christmas)
November 25	White Ribbon Day (International Day for the Elimination of Violence Against Women)

LIPSTICK AT SCHOOL

According to a news report, a certain private school in Sydney's Eastern Suburbs was recently faced with an unusual problem. A number of the girls were beginning to use lipstick and would put it on in the bathroom. That was fine, but after they put on their lipstick they would press their lips to the mirror leaving dozens of little lip prints.

Every night the maintenance man would remove them and the next day the girls would put them back. Finally the Headmistress decided that something had to be done. She called all the girls to the bathroom and met them there with the maintenance man. She explained that all these lip prints were causing a major problem for the custodian who had to clean the mirrors every night (you can just imagine the yawns from the little princesses).

To demonstrate how difficult it had been to clean the mirrors, she asked the maintenance man to show the girls how much effort was required. He took out a long-handled squeegee, dipped it in the toilet bowl, and cleaned the mirror with it. The silence was broken by a large number of gasps, a few girls vomited and apparently someone fainted. Since then there have been no lip prints on the mirror.

There are teachers . . . and then there are educators.



Planning Day – The group at work!