



Ballarat Dinner Meetings

are held the fourth Thursday of the month 6.30pm
for 7.00pm at The Barkly Motel, Main St., Ballarat.
~~~~~ Phone Pat Fraser on 03 5332 2995 ~~~~~

### PRESIDENT Stella Coffey



### From the President's desk.

I must start this month by sending out to all members a great big "thank you" for your hard work, assistance and support for the recent Young Women in Public Affairs Award! Didn't we have a wonderful event? I feel that this night really showcased our organisation, and we received some publicity in the Courier as well as spreading the word about Zonta to the local schools and parents who attended. I thought that all the entrants were excellent ambassadors for their schools and for young women in general; our speaker Jaala Pulford hit just the right note and I was amused to hear her offering to "tweet" to the girls the photos she took with her mobile phone – as Zonta International heads for its 100<sup>th</sup> birthday in 2019, you have to wonder what the founding members would have made of all this. I trust that Marian de Forest and her colleagues would be pleased (and probably amazed) at not only the technological changes of the 21<sup>st</sup> century, but also

the extent to which their original vision has been faithfully pursued and expanded.

An event where Marian and her friends would have felt right at home was the Concerto section of Royal South Street, which Hilary and I attended on a recent Sunday morning. The Zonta award winner also won the entire section – she played a Ravel violin piece which quite carried me away and made it worth getting up early on a Sunday morning!

I trust you've been able to take a few minutes in your busy days to read the UN news which Hilary sends through – the announcement of a new Ambassador for Women and Girls certainly puts Australia at the cutting edge of advancements in gender equality – we should be proud!

There are some social fundraising events coming up which the club needs you to support – there's a Trivia Night on Saturday 22 October and a bus trip on Sunday 27 November; please could you spread the word about these to your friends and workplace networks – the flyer for the Trivia Night has been e-mailed out and it's easy to just forward it on to other groups you belong to. Also think about printing some out and putting them up on notice boards and in shop windows – how about asking at your local milk bar for example? People will only come to our events if they know about them, and that needs to be in plenty of time for them to make plans to attend. The Fundraising Committee works hard to put these events on, so please support them.

Don't forget to put Saturday 15 October in your diaries and come along to Curves in Howitt Street where you can "get stuffing"! Once again Curves are partnering with us to celebrate Breast Cancer Awareness Month in October, with a Breast Cushion filling afternoon.

Lastly my apologies that I will probably be a little late arriving at the meeting this week, and my thanks to Hilary Pope for agreeing, in the absence of a Vice President, to chair the meeting until I'm able to get there.

Yours in Zonta,

*Stellbell*

## BIRTHDAYS:

**September** Leesa Myers 30<sup>th</sup>

**October** Eileen Anderson 10<sup>th</sup>  
Helen Weadon 29<sup>th</sup>

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### **FEWER NEWBORNS DYING WORLDWIDE BUT PROGRESS TOO SLOW, SAY UN AND PARTNERS** New York, Aug 30 2011

A new study by the United Nations health agency and its partners has found that fewer newborns are dying worldwide but progress is too slow and Africa in particular is being left further behind.

The study, which covers 20 years and all 193 WHO member States, found that newborn deaths - deaths in the first four weeks of life (neonatal period) - today account for 41 per cent of all child deaths before the age of five.

Almost 99 per cent of newborn deaths occur in the developing world, with more than half taking place in just five large countries - India, Nigeria, Pakistan, China and the Democratic Republic of the Congo (DRC).

Three quarters of neonatal deaths around the world are caused by pre-term delivery, asphyxia and severe infections, such as sepsis and pneumonia. WHO pointed out that two thirds or more of these deaths can be prevented with existing interventions.

"Newborn survival is being left behind despite well-documented, cost-effective solutions to prevent these deaths," says Flavia Bustreo, WHO Assistant Director-General for Family, Women's and Children's Health.

"With four years to achieve the Millennium Development Goals, more attention and action for newborns is critical," she said, referring to the 2015 target date for achieving the MDGs.

For more details go to UN News Centre at <http://www.un.org/news>

### **CHAMPION CONCERTO ENCOURAGEMENT AWARD**

On Sunday 11 September President Stella and I attended the Royal South Street Society's Champion Concerto competition.

As one competitor had withdrawn, there were five young people taking part in the competition, two of whom were girls.

In addition to the prizes, the Club encouragement award of \$100 for the female competitor, who is not necessarily a prize winner, but who in the opinion of the Adjudicator shows potential, was to be presented.

Following the adjudicator's report, Stella presented our award to Emily Sheppard, who is a violinist in Year 12 of the Victorian College of the Arts Secondary School.



Accompanied by her grandmother, Emily played the Bruch Concerto No. 1 in G minor, 1<sup>st</sup> and 2<sup>nd</sup> movements.

Emily's ambition is to join the Australian Chamber Orchestra. Her standard of playing now, says she should have a good chance of fulfilling her ambition.

*Hilary M Pope  
Treasurer*

### **The Woodpecker might have to go!**



## DON'T FORGET THE SHRAPNEL JAR!

Please remember to bring your collection of 5 cent pieces to each dinner meeting and put them in the shrapnel jar on the Treasurer's table.

5 cents won't buy you much, but 40 of them will purchase the makings of a birthing kit for our next assembly day.

Hilary Pope  
Chair, IWD/Fundraising Committee

## PRAM Report

PRAM stands for **PR**, **Adv**dcacy and **Ar**chive, and **M**embership.



Committee Chair – Val Sarah

Committee: Greta Christie, Sandy Harbison,  
Jayne Stinton, Janelle Yates

Firstly, congratulations to the Status of Women Committee on the success of the Young Women in Public Affairs Award Dinner. The move to inviting the finalists, their parents, teachers and friends to the Dinner, rather than to a special ceremony afterwards, proved a great initiative!

We were very happy to see that three of Sandy's photos made it into The Courier pages on Friday September 16 under *"Who's In It Today?"* with a great photo of President Stella and the winner, Shani Cain, in front of the Zonta banner. Please see our separate report, with photos.

### PR

Thanks to Hilary we enjoyed a profile at the Creswick Woollen Mills on their *Charity Tuesday* on Tuesday September 14, with a percentage of the takings on the day coming to our Club. Val and FOZ member Yvonne (Von) Watson enjoyed their visit, and Val is seen here with Assistant Manager Hilary Chappell.



Our Committee reviewed the sections of the *Club Achievements Checklist* which related to us, ticked the items we felt the Club had achieved under *Credibility and Visibility/Public Relations, Membership, and Advocacy*, and noted the few areas we still need to address.

We are working on an exciting new range of promotional materials, and hope to introduce them early in 2012.

### ADVOCACY

#### Safe Birthing Practices for Women

We thank Dr. Julie Monis-Ivett of the Birthing Kit Foundation (Australia) for sending us two DVD's, the *Birthing Segment* from Channel Ten's 7 PM PROJECT which we are showing during the September Dinner Meeting, and *Addressing the Millennium Development Goals* which we hope to present in the future. Both would be great scene-setters for future Assembly Days.

#### Action to prevent violence against women

White Ribbon Day is not far off – on November 25. If club members wish to nominate a male person to be a WRD Ambassador, please contact Graham Hoad at Child & Family Services, Ballarat on 5337 3333.

### MEMBERSHIP

WE ARE ENJOYING THE COMPANY OF SEVERAL PROSPECTIVE MEMBERS, AND HOPE TO SEE THEM AT BOTH OUR DINNER MEETINGS AND SOCIAL OR FUNDRAISING EVENTS COMING UP IN OCTOBER.

The Board has approved a Policy regarding recognition of members who have served 30 years with the Club, i.e. THAT

- Recognition at Club level will honour the month of induction according to Club records.
- Recognition at District level will honour the date according to ZI records.

We have no members due for recognition this year.

We recently received a powerpoint presentation on Membership from Zonta International, which would be ideal for discussion at our next Planning Day.

Our meetings will now be held on Wednesdays. Next meeting Wednesday October 5.

### **US MUST DO MORE TO PROTECT WOMEN FROM DOMESTIC VIOLENCE, UN RIGHTS EXPERT WARNS** *New York, Aug 23 2011*

The United States must do more to protect women from domestic violence after a regional body found it wanting in defending a battered woman and her three murdered children from her ex-husband, an independent United Nations human rights expert warned today.

"The US Government should reassess existing mechanisms for protecting victims and punishing offenders, and establish meaningful standards for enforcement of protection orders and impose consequences for a failure to enforce them," the UN Special Rapporteur on violence against women, its causes and consequences, Rashida Manjoo, said.

"In my discussions with Government officials, victims, survivors, and advocates, I found a lack of substantive protective legislation for domestic violence victims in the United States, as well as inadequate implementation of certain laws, policies and programs," she said.

While landmark US legislation such as the Violence Against Women Act exists, "there is little in terms of legally binding federal provisions which provide substantive protection or prevention for acts of domestic violence against women," she added.

Ms. Manjoo acts in an independent, unpaid capacity and reports to the UN Human Rights Council in Geneva.

For more details <http://www.un.org/news>

### **SUPPORT FOR LOCAL WOMEN**

On a local level The Victorian Women's Trust is showing support in the area of family violence by granting \$10,000 to Central Highlands Women's Collective & WRISC Family Violence Support Services Ballarat: Women's Private Rental Access Partnerships (*Zonta is a member of the latter organisation*)

This project will work collaboratively with real estate agents to increase safe, affordable private rental tenancy for women and children forced to re-establish housing as a result of family violence, so that they can establish and maintain this housing independently and along-term. It will engage real estate agents to actively assist women to access private rental, including encouraging landlords to offer tenancy, and training community workers in understanding the private rental market and the best way to support women to access and maintain tenancy.

### **YWPA Dinner 25 August 2011**

Jaala Pulford MP was Guest Speaker for our Young Women in Public Affairs Award 2011, which attracted 10 finalists and was judged by Lee Belcher, Vicki Coltman and Dr.Helen Weadon.

This was the first occasion on which the finalists, their families, friends and teachers had been invited to a Dinner, and the team at the Barkly, Robert, John, and Leslie excelled themselves. There was an air of great expectation as the ceremony got underway.

Jaala Pulford spoke of the challenges and rewards of political life, and illustrated ways in which even the smallest step can be important and life-changing. She has enjoyed an exceptional career with apparent modesty and great good humour, downplaying her own determination to succeed. Her rapport with the young finalists was evident, and she received enthusiastic applause.

Then it was the turn of the ten outstanding young women vying for the Award! See photo below.



Alice Bongers from Ballarat Grammar spoke of her experiences with Round Square in South Africa in 2010, and involvement in transporting 2<sup>nd</sup> hand football boots to kids she had met during her stay.

Shani Cain of Ballarat South Community Learning Precinct spoke of her aim to pursue law and international studies, to prepare her for working with people living in poverty overseas.

Bethany Davey, a fellow student at the Learning Precinct, is passionate about talking through issues to promote change, and hopes to take a double degree in medicinal chemistry and human nutrition.

Musician Ellan Hyde from Ballarat Grammar aims to be a career diplomat, saying that she hopes to *"improve conditions of living and learning for women ... hoping to educate in order to liberate"*.

Olivia Johnstone, also from Ballarat Grammar is working with the Oaktree Foundation hoping to make poverty history. *'From whom much is given, much is required'* is an inspiring school slogan.

Amy Leviston loves seeing others reach their full potential, and mentors younger girls, encouraging them to succeed in life. She has travelled extensively, and hopes to study accounting.

Delaney Martin of Loreto College feels that charity begins in our own backyard, and lives by the saying *"Be true to yourself, and through this honesty, others will benefit"*.

Georgia McCormick of Ballarat Clarendon College aims for a senior management position with the AFL, a field where women are under-represented. Georgia is an outspoken advocate for youth.

Arunditi Sharma hails from Malaysia, and is a student at Ballarat Grammar. The focus of her work in the community is with the elderly and Pinarc – *"if I can make one child smile, it makes my week"*.

Nicole Thomas from Ballarat Secondary College hopes to become a pharmacist. Her concerns are homelessness and human rights, climate change and child soldiers, and violence against women.

President Stella had the privilege of announcing the winner – Shani Cain. After paying tribute to her teachers, Shani revealed that she been chosen to attend the National Schools Constitutional Convention in Canberra last March, with the singular honour of presenting the final communique to the President of the Senate. Shani was a popular winner, and is now eligible to contest the District and International Awards.



**President Stella and winner of the 2011 Young Women in Public Affairs Award, Shani Cain.**

## **Status of Women and Service Committee Report**



**Committee Chair: Leesa Myers**

**Committee:** Helen Eyres, Pat Fraser, Carole Norton, Rachael Nuttall, Judy Snowden.

I would like to remind everyone of the BREAST CUSHION DAY to be held at CURVES FITNESS CENTRE in HOWITT STREET, ( Western end, at the top of the shopping centre area )  
1.30 pm to approx. 4pm. All hands welcome.

# Members Moments

## A note from past member Carol-Lyn Bond

How are things going in your world? I hope all is terrific with the ladies in the group.

I'm doing very well down here. I found myself needing to use my brain a bit more than I was and I applied to the University of New England to do a Bachelor of Arts degree by external studies and they accepted me, so I'm doing a double major of English and History. It's the best fun and I'm getting high marks, so life is very exciting. I also have a little time to paint a few times a week, and one of the doctors for whom I work has asked me to hang some of my work in the boutique cellar door of his winery at Coldstream. I think the move into the city has been very good for me. My life is busy but not so very tiring, and I feel content.

Around Easter next I will be moving into the unit next door which has been renovated to the nth degree. I'm not happy with the way the body corporate here neglects the common garden areas, so I'm going to try and do something about it. As a tenant I don't suppose I can attend a body corporate meeting, but maybe I can throw some ideas at them in the form of a little letter with plans for the garden. I've planted all my iris rhizomes, Sandy, and will lift them when I move next door. A potted tree peony that was given to me by Lorraine's cousin, who has since passed away, has given me two magnificent double pink blooms this year.

Anyway, I'd better scoot along and get some typing done for the surgeon.

Give my love to everyone at Zonta, and love and best wishes,

Carol-Lynn



Artist Carol-Lyn with her painting of poppies, presented as a raffle prize at the IWD dinner in 2010.

## VALE Dr. Heide Taylor

Earlier this year we paid tribute to Heide Taylor who was receiving the Governor's Award for her exceptional service to Zonta. Courageous to the last, Heide lost her battle with cancer on Saturday September 17. Her daughter Ann Worthington advised that Heide didn't want a funeral, but had requested a party to celebrate her life. What style! She will be remembered with great affection by Zontians worldwide.

## Fundraising & IWD



### Committee Chair: Hilary Pope

Committee: Gillian Canavan, Eileen Anderson, Judy Snowden and Helen Weadon.

On Tuesday 13 September the Club was the beneficiary of the Creswick Woollen Mills Charity Tuesday and will be receiving 5% of the shop takings for that day. The only effort we had to put in was circulating news of the day and providing copies of brochures. The Mills put a copy of our information in the bag of each purchase on that day and also set up a display table with our information and a selection of their goods in our colours to draw attention to the day.

Our Music Trivia Night in support of our YWPA on 22 October is in hand and you will have received the flyer for this. Some of my CWA Branch members have taken copies of the flyer for Church notice Boards, Probuss Clubs, etc. Please follow their example and get word out there, so we have a full house.

I am just finalising arrangements and timetable for our bus trip on Sunday 27 November and will circulate the flyer as soon as I can. We plan to leave Civic Hall at 11.00 and travel to Quoin Hill Winery at Waubra, where, at 11.30 am, there will be a wine tasting and you will have a chance to also buy their preserves (I recommend the tomato

chutney). At noon we will be served a two course (limited options) lunch with wine available by the glass. The bus is expected to leave Quoin Hill at about 2.00 pm and travel to Creswick with a short stop, if there is time, at the Wind Farm information kiosk. At Creswick Woollen Mills we will split into groups for tours of the mill, afternoon tea and shopping. The shop will have some "specials" on sale that day, picked just for us. Cost for the day, including lunch and afternoon tea, will be \$40 per person. Look out for the flyers and round up your friends – we only have a 48 seater bus booked.

We have requested a quantity of the Rotary Community Raffle tickets and hope to have these available at the September dinner meeting for you to collect and sell. We have requested two days (preferably in Central Square) to sell tickets with one of the cars on display and will be looking for volunteers for these selling days when we are notified of the dates. We keep \$1.60 from each \$2 ticket sold, so it is a relatively easy way of fundraising. Please start selling to your friends before they buy from others. Unsold tickets and proceeds have to be returned to Rotary by 6 February, so it will be necessary for you to get these back to the Fundraising Committee before that date – possibly at the Club's planning day in January, as we don't have a dinner meeting that month.

Work continues on plans for our IWD dinner (8 March 2012), a fashion show by Harvest Threads (April) and a theatre fundraiser with the Ballarat National Theatre.

And please don't forget the shrapnel jar at dinner meetings for your 5 cent pieces in support of the Birthing Kit project. It takes 40 coins to purchase the makings of a birthing kit, so keep them coming.

## LIFE IN THE 1500's

The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be. Here are some facts about the 1500s :

Most people got married in June because they took their yearly bath in May, and still smelled pretty good by June. However, they were starting to smell, so brides carried a bouquet of flowers to hide the body odor. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children.

Last of all the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, Don't throw the baby out with the bath water ...

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof. Hence the saying : It's raining cats and dogs.

There was nothing to stop things from falling into the house ... This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence.

And that's the truth ... Now, whoever said History was boring !

## DATES TO REMEMBER

|               |                                                                                                    |
|---------------|----------------------------------------------------------------------------------------------------|
| September 22  | Dinner meeting                                                                                     |
| 24 September  | Registrations close for District Conference                                                        |
| October 7 – 9 | District 23 Conference, Melbourne                                                                  |
| October 9     | Melbourne on Yarra's Fran Quinn Awards                                                             |
| October 12    | Kyneton's Fashion Parade                                                                           |
| October 13    | Board meeting                                                                                      |
| October 22    | Music Trivia Night to support YWPA award                                                           |
| October 24    | UN Day<br>Our Club chartered 1978                                                                  |
| October 27    | Dinner meeting (birthday)                                                                          |
| November 8    | Zonta founded 1919                                                                                 |
| November 10   | Board meeting<br>Melbourne's West theatre night to "Cabaret"                                       |
| November 11   | Hobart's 30 <sup>th</sup> birthday dinner                                                          |
| November 24   | Dinner meeting (Christmas)                                                                         |
| November 25   | White Ribbon Day<br>(International Day for the Elimination of Violence Against Women)              |
| November 27   | Bus trip to Quoin Hill Winery (lunch) and Creswick Woollen Mill (tour, shopping and afternoon tea) |