

ZONTA
 CLUB OF
 BALLARAT INC
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

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ZONTA CLUB OF BALLARAT INC. (A0018802W)
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MAY 2017

District 23 Area 4

**Our Dinner Meetings
 are held the fourth Thursday of the month
 6.30 pm for 7.00 pm at
 Barkly's Restaurant, Corner Barkly Street
 & Main Road, Bakery Hill.
 Our next meeting will be 22nd June 2017
 Phone Hilary Pope on 0411 402 557**
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**PRESIDENT Catherine Taylor**



Dear Zontians,

This Thursday is our Club's Changeover Dinner and I would like to take you all on a trip down memory lane before we move on to the next twelve months.

I would like to thank all Members for your help and support during my first year as President, particularly Board Members – Donna Campbell, Caroline Nolan, Hilary Pope, Stella Coffey and Sue Bartlett. As a Club, it is important that we recognise our achievements, which are many and would not happen without everyone's time, commitment and effort. So, give yourself a pat on the back!

Earlier, I mentioned a trip down memory lane –

- Toiletries for Berry Street put together by Helen Eyres and former member, Judy Snowden.

- Breast cushions were delivered to the McGrath Breast Care nurses at the Ballarat Regional Integrated Cancer Centre for use at St John of God Hospital and BRICC. We also had our annual Breast Cushion stuffing day, with many members attending and former member and Breast Cushion coordinator Pat Fraser attending. These cushions were also delivered to BRICC.
- The generous donations by members of non-perishable foodstuffs, clothing and toys to the 3BA Winter and Christmas Appeals.
- Our Young Women in Public Affairs Award, organised by Stella Coffey, Sharelle Knight, Caroline Nolan and Donna Campbell, where we had seven very impressive finalists, with Ansu Alex our winner.
- Dinners at members' homes – Sharelle Knight in July and Donna Campbell in September, with a French theme. Thank you, ladies, for welcoming our members into your homes.
- Our Amelia Earhart Garden Party, which was held at the beautiful home of Maria and Bron Sozanski and coordinated by Donna Campbell. This event raised \$800 for the Amelia Earhart Fund.
- The Rotary Raffle, coordinated by Stella Coffey, with many of our members selling raffle tickets over three Saturdays and raising \$528 for Club funds.
- Zumba for Zonta, which was organised by Donna Campbell and supported by many of our members, either by participating in the Zumba class or by providing supper. This event raised \$564 which was donated to WRISC Family Violence Support.
- Many members attended the White Ribbon Day Breakfast at St Patrick's College. Our Club's association with White Ribbon Day dates back to 2005 since WRD's inauguration.

**INDEX:** Page 2 - Coming Events; Page 3 - Sensory Garden; Pages 4 & 5 – United Nations Report & Diary Dates; Pages 6 & 7 – Combined Area Meeting; Page 8 – Ballarat's Great Women

- We have also sponsored some events at Royal South Street, namely the Debating Competition – best female debater in each age group, and the Speech and Drama encouragement award named for our Charter member Maureen Christie.
- Many members attended our movie night featuring Bridget Jones Baby, organised by Caroline Nolan, this raised funds for Young Women in Public Affairs 2017.
- We celebrated our 38<sup>th</sup> Birthday in October with a brief history of our Club provided by Val Sarah, it is also heart-warming to note that the Zonta Club of Ballarat has supported around 136 organisations over these years. We also enjoyed a wonderful performance from Marg Dobson and it was great so see so many past members and visitors present.
- We also added six very inspirational women to the Honour Role for Ballarat's Great Women, which was organised by Hilary Pope and Val Sarah and was a lovely evening.

This is just a snapshot of what our Club has achieved over the last twelve months and to all our members, I say, "Thank you so much, a mighty job and done exceptionally well!"

In this Zonta year, I expect there will be some wonderful opportunities and some challenges, but with everyone's support I am sure our Club will rise to any occasion.

At our Dinner this Thursday, Area 4 Director Lyn Symons, is visiting and I hope you will all join with me in welcoming Jenny Debney to our Club, as she commences her journey in Zonta.

**Yours in Zonta  
Catherine**

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### COMING EVENTS

**Building Better Boards  
Saturday 3<sup>rd</sup> June 1 p.m. to 4 p.m.  
Soroptimist House  
383 Toorak Road South Yarra**

This afternoon is a great way to learn more about the various roles that go to make up a Board, if this isn't on your radar now this is a great learning opportunity for the future. A flyer has been sent out, if you need more information please contact Catherine on 0439 711 451

**Dr Blake's Ballarat  
Thursday 15<sup>th</sup> June 6 to 7 p.m.  
The Gold Museum  
Bradshaw Ballarat**

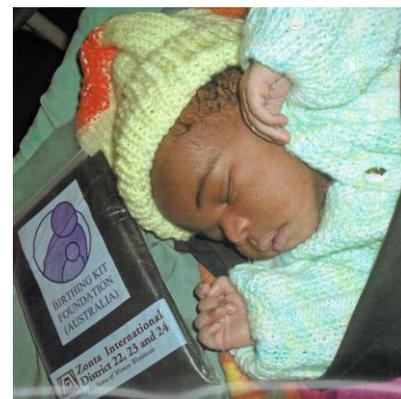


The Gold Museum will host a group viewing of this popular Exhibition specially for our Members, family and friends. We can all thank Val Sarah for organising this! This event will include a Curator's 'Floor Talk' with background information on how the exhibition was created. Entry is \$15 per person and \$12 concession. So bring your friends and family to this very informative evening!

This will be followed with Dinner (optional) at The Barkly, Corner Main Road and Barkly Street, Golden Point. Booking deadline is Friday 9<sup>th</sup> June. A flyer will be out shortly with the Trybooking number. For more information call Catherine 0439 711 451

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**Birthing Kit Assembly Day  
Saturday 24<sup>th</sup> June 1.30 to 4.30 p.m.  
Mount Clear Primary School**



We need your help to assemble 400 kits. If you can support this very worthy project for its entirety or a couple of hours, please let Donna Campbell know by Wednesday 21<sup>st</sup> June.

**Catherine Taylor**

# Ballarat's Sensory Garden

When President Catherine Taylor and I visited the Zonta Sensory Garden, in the Ballarat Botanical Gardens in early May, the temperature was 11.5 degrees although it felt like 9.1 degrees. The intermittent showers earlier in the day had watered the Sensory Garden and the fragrance of rosemary and eucalyptus greeted our arrival. A magnificent, ancient gum on its western side was responsible for the eucalyptus perfume. In summer, it offers shade and welcome coolness to this special garden area.

The pool was full and water spilled over the fountain, the tinkling of its music was extraordinarily restful. A neatly trimmed hedge of rosemary circled the pool, and we were delighted to find that the Sensory Garden was beautifully maintained. New plantings of herbs had been made, and these were well established before winter's arrival. Certain plants, such as sage, had been trimmed back ready for new growth later in the year. Individual clusters of bright flowers in a few sections added a joyful note to the chilly afternoon.

The Sensory Garden offers a place of contemplation, of quiet, and of repose from the hectic pace of modern life. Two comfortable seats are placed north and south in the garden in case the weary visitor wishes to sit and relax for a while. Three splendid 'Rosa' Zonta roses are doing well there too, but we will have to wait for spring to see their gorgeous colourful blooms.

## Jenny Debney



*The fountain and hedge of rosemary surrounding the pool*



*Jenny is pictured here with the Sensory Garden sign, which reads; A Sensory Garden is essentially a garden designed to stimulate the senses of sight, sound, smell and touch. As you wander through, observe which plants have been selected for their texture, their colour, or the smell of their flowers or foliage. The Sensory Garden was designed by the City of Ballarat in early 1993 with funding assistance provided by the Frank Pinkerton Estate and the Zonta Club of Ballarat.*



*One of the three Zonta roses*

## United Nations Report



### Caroline Nolan

#### **Stepping out of the Boma: Maasai women of Tanzania take charge of their own lives**

Villages at the foothills of Mt. Longido, one hour north of Arusha, Tanzania, have been the home of the Maasai for generations. The Maasai are a semi-nomadic ethnic group that live in northern Tanzania and have the highest rates of child marriage, female genital mutilation (FGM), illiteracy and poverty among women in the country. Most women are self-employed in the informal sector, and have seasonal sources of income.



After enrolling in an adult literacy programme, where she first learnt foundational skills like reading, writing, and arithmetic, Mama Nalepo took part in UN Women-supported trainings on managing accounts, record-keeping and business development - helping her take over her husband's shop and revamp the business model. Through cross-border trading, she made a profit of over \$500 USD per month, which allowed her to expand the business, send her last four children to school and purchase 12 plots of land.

"The trainings gave our women the confidence to step out of their boma (homestead) and earn like men," says Mama Nalepo. "The future of my children and grandchildren is secure, because I received the knowledge I needed to make profit from my business." Mama Nalepo now encourages other women in nearby villages to participate in the trainings.

Through education and training, UN Women, in partnership with grassroots organisations, has empowered hundreds of Maasai women to acquire land, find additional employment and diversify their economic activities to supplement their families' incomes.

*UN Women NC Australia May eNews*

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### Order of Australia Nominations

We all have a responsibility to recognise exceptional Australian women who have shaped our communities, nation and our world. It starts with you: Do you know an outstanding woman in your community whose service and contributions have made a significant difference to Australian life or humanity at large? Nominate them for the Order of Australia award today! Anyone can be nominated for the Order of Australia, at any time of the year. To find out more and learn how you can nominate an inspiring woman in your community go to:

<http://www.dpmc.gov.au/news-centre/government/nominate-inspiring-woman-order-australia-today?bblinkid=47916664&bbemailid=3975496&bbejrid=287952306>

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### What does gender have to do with reducing and addressing disaster risk?

The Global Platform for Disaster Risk Reduction, taking place in Mexico, from 24<sup>th</sup> – 26<sup>th</sup> May, is expected to convene more than 5,000 delegates. The inclusion of women's perspectives and leadership is a necessary recognition both of the greater risks women experience and their unique roles in resilience building, disaster response and recovery. Placing the issue of gender at the heart of discussions on disaster risk reduction, UN Women will launch a new flagship programme on "Addressing the Gender Inequality of

Risk and Promoting Women's Leadership and Resilience".



*Women in the western Haitian town of Les Cayes collect food and emergency supplies in the wake of Hurricane Matthew, which struck the Caribbean nation in October 2016.  
Photo: UN Photo/Logan Abassi*

Disasters affect women, girls, boys and men differently. Women and girls are disproportionately exposed to risk, increased loss of livelihoods, security, and even lives, during and in the aftermath of disasters. During monsoon season in Bangladesh, for example, women and girls are disproportionately affected by flooding because many of them cannot swim or are unable to leave their homes due to cultural barriers. More women than men were killed by Ebola because they were the ones who washed and prepared the bodies of Ebola victims for burial, thereby exposing themselves to infection. Some consequences, such as gender-based violence against women and girls may not even be immediately visible, but have deep and damaging impact across generations.

At the same time, women and girls play unique and critical roles in resilience-building, disaster response and recovery. They are often the first responders when disaster strikes, and have unique and intimate knowledge of the land and environmental resources. Yet, their skills and capacities in disaster risk reduction has been largely under-utilized. UN Women will work closely with Governments to take a gender-responsive approach when developing national and local strategies for disaster risk reduction by 2020, as well as in supporting integration with national climate change adaptation policies and plans, pursuant to the Paris Agreement on climate change.

See more at:

<http://www.unwomen.org/en/news/stories/2017/5/oped-joint-ed-phumzile-robert-glasser--drr#sthash.ryCkf1wn.dpuf>

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## Say it with Polish



Support UN programs for women by purchasing our Polish for Purpose! The folks over at Say it With Polish have created a custom shimmery, purple nail polish with \$10 from each bottle sold going to support our programs helping to empower women around the world.

<http://sayitwithpolish.com.au/>

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## DIARY DATES

|                 |                                                  |
|-----------------|--------------------------------------------------|
| May 25          | Changeover Dinner                                |
| May 31          | Packing toiletry kits for Berry Street           |
| June 3          | Building Better Boards and Past Presidents Group |
| June 8          | Board meeting                                    |
| June 15         | Dr Blake's Ballarat exhibition and dinner        |
| June 22         | Dinner meeting                                   |
| June 24         | Birthing kit assembly afternoon                  |
| July 13         | Board meeting                                    |
| July 27         | Dinner meeting (Christmas in July collection)    |
| August 10       | Board meeting                                    |
| August 24       | Dinner for Young Women in Public Affairs         |
| September 1 – 3 | D23 Conference, Geelong                          |
| September 14    | Board meeting                                    |
| September 28    | Dinner meeting                                   |
| October 12      | Board meeting                                    |
| October 26      | Dinner meeting – birthday                        |
| November 9      | Board meeting                                    |
| November 23     | Dinner meeting (Christmas 3BA appeal)            |

## Combined Area 1 & 4 Meeting – “Empowering Ourselves, Empowering Others”

On Saturday 29<sup>th</sup> April, Val Sarah, Catherine Taylor, Donna Campbell, Hilary Pope and I joined Zontians from other Victorian Clubs at our Annual Area Meeting, held this year at Eltham College in the lovely suburb of Research on the outskirts of Melbourne. **District Governor Judy Gorton** was also in attendance and opened the day with her message to us on the theme of empowerment. We were enlightened by presentations from several District Coordinators on their portfolio responsibilities: Membership, United Nations and CEDAW, Z Clubs and Golden Z Clubs, Women’s Empowerment Principles and the Zonta International Foundation

**Lieutenant Governor Jane Adornetto** spoke to us about Membership, and provided useful information and tips for recruiting and retaining members. Jane also gave us news of the ZI Global Membership Drive, details of which can be accessed by members on the ZI Website [www.zonta.org](http://www.zonta.org) .

- **UN Chair Kay Stewart** gave us an historic perspective on Zonta’s association with the UN, the development of CEDAW (the UN Convention on Elimination of all forms of Discrimination against Women) and current strategies and goals relating to the Sustainable Development Goals adopted in 2015 and their place in the UN agenda to 2030.
- **Debbie Schmidt**, representing the **District Advocacy Committee**, spoke about the Women’s Empowerment Principles, developed in 2010 to focus the attention of the corporate and private sectors on gender diversity by providing guidance to businesses. More information on these principles can be found at [www.unwomen.org](http://www.unwomen.org)
- **Z Clubs/Golden Z Clubs Coordinator Judy Rothe** presented an inspiring update on the development and progress of Z Clubs throughout the District, and encouraged all clubs to consider the possibility of starting up a Z Club through their local schools.
- **Ann Horrocks, on behalf of ZI Foundation Ambassador Erica Majba**, gave an overview of the International projects

being supported during the 2016-2018 Biennium – updates on these projects can be found at [www.zonta.org](http://www.zonta.org) and Ann encouraged us to use the new ZI postcards to promote Zonta and our International Service Program.

Other topics covered during the day, in open sessions and workshops, included: the next District 23 Conference, to be held in Geelong in September this year; Zonta Basics for new members; tips on the effective use of Zonta resources (social media, website, PR tools); the Power of the Zonta Brand; “Believing in Yourself” and Goal Setting; and plans for the Centennial Anniversary in 2019, including the associated Endowment Campaign (**contact Ballarat Zontian Val Sarah for more on 2019!**)

We were also reminded that, in recognition of Zonta’s International Centenary, the 2019 District Conference will be a combined event involving our District (23) and the other Australian Districts (22 and 24) as well as New Zealand (District 16). The location for this very momentous event will be Brisbane – details of the actual venue and date are still to be finalised, but it will be in September 2019.

The day ended with drinks at the venue, and more Zonta fellowship for some members over dinner at a local restaurant. Congratulations to **Area 1 Director Jasmine Koch and Area 4 Director Lyn Symons** for organising a really great day!

### Stella Coffey



*Far left is District 23 Governor Judy Gorton, Val Sarah, Catherine Taylor leaning back and Donna Campbell*

## Combined Area 1 & 4 Meeting – “Empowering Ourselves, Empowering Others”



*Left is Area 4 Director Lyn Symons, District 23 Treasurer Trish McLean, District 23 Governor Judy Gorton, Lieutenant Governor Jane Adornetto and Area 1 Director Jasmine Koch*



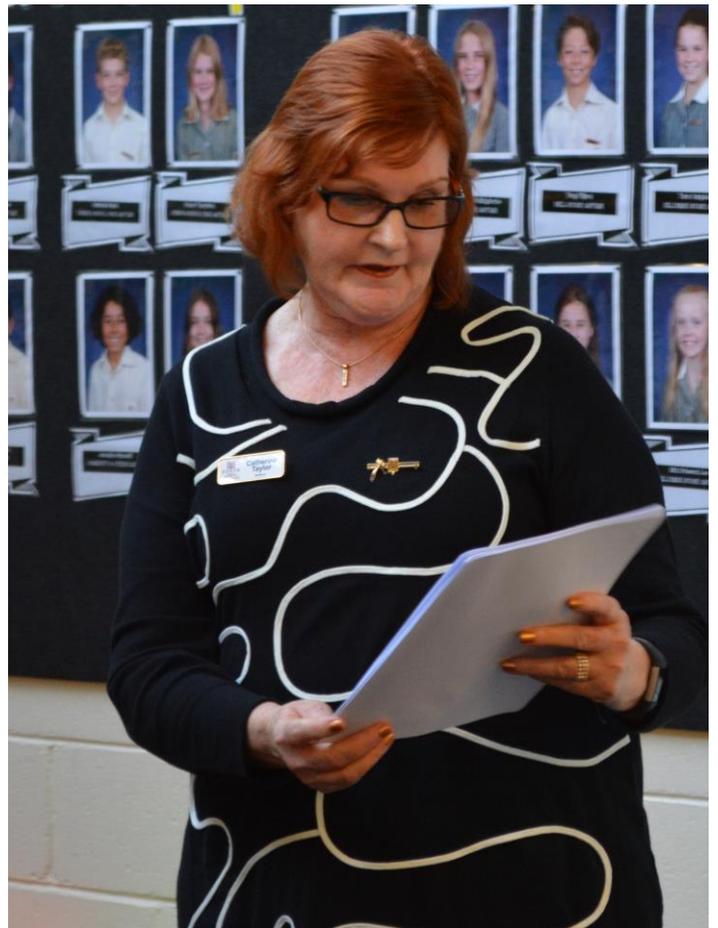
*Far left is Zonta International Nominating Committee's Ann Horrocks and Area 1 Director Jasmine Koch and Area 4 Director Lyn Symons presenting "Empowering Ourselves, Empowering Others"*



*Phillipa Challis and Donna Campbell on the right presenting their session on The Meaning of the Pin*



*This is the Presidents' Meeting with Area Directors 1 & 4*



*Catherine Taylor making everyone aware of Dr Blake's Ballarat*

## Ballarat's Great Women 2017

At our annual dinner, attended by Club members and guests, we honoured six women:

**Lidia Aitken:** Ballarat's 2017 Senior of the Year and Paul Harris Fellow.

**Gorgi Coghlan:** Media personality, ambassador, campaigner, entertainer, equestrian, fundraiser extraordinaire.

**Melissa Cunningham:** Journalist of the Year, coverage of the Royal Commission into Institutional Sexual Abuse.

**Janet Dore:** Educator, visionary, community leader.

**Auntie Marlene Gilson:** Inspiring artist and elder of the Wadawurrung people in Ballarat.

**Judith Pickford:** Giving back to others in the community locally and internationally.



*From left Judith Pickford, Lidia Aitken, Melissa Cunningham, Auntie Marlene Gilson and Gorgi Coghlan*

At our dinner, we were joined by five of our 2017 honourees. Unfortunately, Janet Dore was unable to be present at the dinner, but will join the Club for another function to receive her certificate.

Each honouree spoke briefly about her experiences, inspiring the audience and demonstrating why we are proud to number these women in our community.

Thanks to President Catherine Taylor for acting as MC for the evening, Val Sarah for her work on the Committee and preparation of the honourees' citations, and Barkly staff for arrangements and a beautiful meal.

**Hilary Pope**  
**Ballarat's Great Women Convener**



*Club members at the dinner*



*Past members Anne Smail, Ann Kerr and Pam Davies*



*Members socialising at the dinner*