

ZONTA
 CLUB OF
 BALLARAT INC
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

BAZ

ZONTA CLUB OF BALLARAT INC. (A0018802W)
 PO Box 1223, BAKERY HILL, VICTORIA 3354

Editor: catherine.taylor888@bigpond.com

FEBRUARY 2018

District 23 Area 4

**Our Dinner Meetings
 are held the fourth Thursday of the month
 6.30 pm for 7.00 pm at
 Barkly's Restaurant, Corner Barkly Street
 & Main Road, Bakery Hill.
 Our next meeting will be 22nd March 2018
 Phone Hilary Pope on 0411 402 557**
 ~~~~~

**PRESIDENT Catherine Taylor**



Thank you to Maria and Bron for opening up their home and garden on this occasion, also thank you to Donna Campbell for coordinating this event and to Val Sarah, Hilary Pope, Alison Round, Helen Eyres and Stella Coffey for making this such a wonderful afternoon and assisting our Club to make a worthwhile contribution to the Amelia Earhart Fellowship Fund.

Dear Zontians,

I hope you have all enjoyed your Christmas and Holiday break, it seems a while ago now!

Earlier this month, we celebrated our Amelia Earhart Garden Party at the beautiful home of Maria and Bron, with what appeared to me to be many different 'rooms' within their magnificent garden.

The champagne and afternoon tea were delicious and it was great to see so many familiar faces and members in attendance purchasing gardening books and plants. It was also good to see Jing and Rebecca, two of Bron's music students, contribute to a lovely ambience with their piano performances. Jing is moving on to study a double degree in nursing and science at the University of Sydney this year and Rebecca has been awarded a scholarship to Newman College, commencing an Arts degree majoring in psychology, concurrently with a diploma in music at the University of Melbourne.

On Saturday, 3<sup>rd</sup> March, is the District 23 Area 1 & 4 Combined Area Meeting in Maryborough. The theme is 'Leave No Member Behind'. The early bird rate is \$16 for first timers, payable by Wednesday 28<sup>th</sup> February and \$20 for those members who have attended before. The rate covers lunch and morning and afternoon tea. The Trybooking number is 351725 and it would be great to see as many of you there as possible!

**Yours in Zonta  
 Catherine**

Index:  
 Page 2 – Ballarat's Great Women / Birthing Kit Foundation Update  
 Page 3 – Trophy of Human Rights  
 Pages 4 & 5 – Amelia Earhart Garden Party  
 Page 6 – Rotary Community Raffle / Diary Dates  
 Page 7 – Breast Cushion Stuffing Day  
 Page 8 – Rose Day 8<sup>th</sup> March / New Age Exercise Tips

## BALLARAT'S GREAT WOMEN 2018

Our annual dinner to honour Ballarat's Great Women will be held at Barkly's Restaurant on Thursday 22<sup>nd</sup> March.

The flyer for the dinner has been distributed as widely as my mailing lists allow, but please make sure to pass it on to anyone you think may be interested in attending.

Honourees this year will be:

Lisa Hayden  
Mary-Rose McLaren  
Claire Rasmussen  
Joyce Ryall  
Amy Tsilemanis

Val and I are working with President Catherine on a booklet covering the ten years of Ballarat's Great Women and this will be given to all guests at the dinner.



*Ballarat's Great Women Honourees for 2017 are from left –  
Judith Pickford, Lidia Aitken,  
Melissa Cunningham, Aunty Marlene Gilson  
and Gorgi Coghlan*

*Also honoured was Janet Dore, who wasn't available on the night*

Of course, a raffle is being prepared, including some great prizes.

Please remember that bookings for this dinner (\$60 a head) must be through Trybooking and payment on the evening is not an option.

**Hilary Pope**  
**Convener, Ballarat's Great Women**



Good news!

You probably noticed that **Dr. Julie Monis-Ivett** of the ZC Adelaide Hills received the OAM (Medal of the Order of Australia) in the Australia Day Honours List "for service to the international community through health support programs". Julie has worked tirelessly for the Birthing Kit project since its inception in 1999 and for the Foundation since its inception in 2006.

She said "it has been humbling and overwhelming but also very exciting. Without Zonta none of this would have happened so I am very thankful that I joined Zonta 30 years ago". Julie was celebrating on the day with family and 5 friends who were instrumental in the original projects and her nomination.

Julie will be heading off to the Democratic Republic of Congo in April for the opening of a monument dedicated to the friendship of the DR Congo people and the Australian supporters of the Mission in Health Care and Development (MHCD).



*Dr Julie Monis-Ivett*

Also in January, **Dr. Luc Mulimbalimba**, the MHCD Director, received recognition as the best human rights leader in the DR Congo, helping vulnerable people and promoting community development. He is the first development leader and government official to receive such recognition, and was also honoured for his work as the provincial minister for internal security. In acknowledging the support extended to the MHCD, he particularly expressed appreciation to the Australian government and people for our ongoing support and advice.

**VAL SARAH**  
**BKFA Ambassador**

**DEMOCRATIC REPUBLIC OF CONGO**  
**MHCD**  
**MISSION IN HEALTH CARE AND DEVELOPMENT**  
**MISSION EN SOINS DE SANTE ET DEVELOPPEMENT**

**Trophy of human rights, peace and development**

We are pleased to let you know that Dr Luc Mulimbalimba, the MHCD Director has won a trophy as the best human rights leader in the DRC. After investigations and research, an organisation called International Centre for Human Rights and Development found that Dr Luc Mulimbalimba, together with MHCD as an organisation sacrificed a lot in the fight for human rights and promoting community development in villages, especially in helping vulnerable people i.e. women and children. Medical activities that Luvungi General Hospital has been striving to offer cheaply, education to the orphaned and street children for free, supporting the vulnerable women and traditional midwives through microfinancing and recently, giving back land to the poor people that the rich had stolen from them and promotion of security in many parts of south Kivu province, is what prompted them to give him the price and certificate of excellency.



*The Director of Human Rights South Kivu province presenting the Excellency Certificate and Trophy to Dr Luc Mulimbalimba before the Government and civil society leaders.*

The activities took place at the Elizabeth Hotel before the civil society leaders, association of physically handicapped persons, human rights leaders and many other leaders of national and international organisations. His family was also present. He is the first development leader and government official to receive the price in DRC. The ceremony took place on Thursday 11th January 2018.

On Friday 12th January 2018, at the UN Monusco Headquarters in Bukavu, Luc Mulimbalimba received another trophy as the provincial minister for internal security, for all the work he has done in the promotion of security and fighting for the rights of vulnerable people in South Kivu province. UN peacekeepers from Egypt who were going back and others coming in to replace them are the ones who gave him the trophy. This happened in front of the UN Director for the South Kivu province, The UN General for Police, the whole of DRC, Vice Governor for South Kivu province and many UN Peacekeepers.

In two days Dr Luc received two trophies and this shows that the world recognises the good work he is doing, in saving the lives of vulnerable people in DRC. All staff and the people of DRC are very proud of him. In his speech, Luc Mulimbalimba thanked so much the Australian government and its people for all the support, love, sacrifice and advice they have continued to extend to him and the entire MHCD.

MHCD and Dr Luc Mulimbalimba are very grateful to all those who sacrificed their time, money, efforts and energy in one way or another for the sake of supporting and promoting MHCD for all the years. Your efforts and sacrifice are immeasurable considering the many lives that got saved in DRC, especially Uvira District and the fruits are very much visible because Dr Luc has received two trophies in two days. It's not easy in Africa to be a Minister and get a trophy of Human Rights, but through the work he has done and continuing to do of saving lives of the vulnerable and speaking for many people are what have brought about the recognition. This is a good example for other Congolese and African politicians to see that a good politician fights for the rights of his people and brings development to the communities. We are grateful to Dr Luc for his sacrifices and wish him all the best in all his endeavours. Kindly may you not tire in supporting Dr Luc and MHCD at large so that we can be able to reach out to other people. We appreciate so much all the sacrifices and efforts many Australians have extended to MHCD and we pray that this collaboration may increase more this year and coming years for the sake of development.

MHCD Development Committee

Website: [www.mhcdafrica.com](http://www.mhcdafrica.com)



*The entrance to Maria and Bron's garden*

## **Amelia Earhart Garden Party**

The day dawned bright and sunny the 11<sup>th</sup> February, for our annual Amelia Earhart Garden Party.

The beautiful garden and wonderful hospitality of Maria and Bron welcomed Ballarat Zontians and their friends for an afternoon of fellowship, yummy afternoon tea and wonderful musical items performed by two lovely young ladies who are both about to open new chapters of their personal books of life, setting off to study at Melbourne and Sydney University. Both girls have been piano students of our host Bron.

The raffle donated by Maria (a beautiful orchid) was won by club member Alison. Those in attendance purchased many gardening books and lovely cottage garden plants.

I would like to thank all Club members who assisted in preparing food for the day.

Once again, a very enjoyable way to spend a lazy Sunday afternoon while helping others.

Donna Campbell  
Co-ordinator



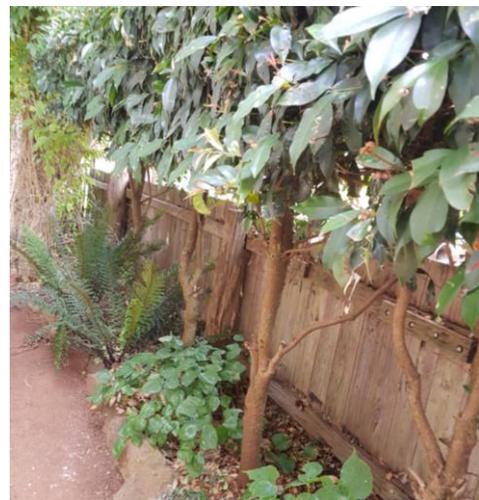
*Beautiful fuschias*



*Another lovely area*



*Jenny and Pam enjoying their meander around the garden*



*Another statement along the fence*



*The front entrance to Maria and Bron's home, proudly displaying our Club banner*



*Another vista to ponder*



*Stella placing some delectable food on the table*



*More exquisite plantings*



*Alison and Donna presiding over drinks with Pam on the left and Jenny on the right*



*Isn't this glorious?*



*Donna turning the pages for Jing, both Jing and Rebecca played beautifully*



*Catherine looking at Alison's winning raffle ticket, with Maria on the right*

Special thank you to Hilary Pope for her great photography

## ROTARY COMMUNITY RAFFLE

Our last selling session for the Rotary Raffle this year was on Saturday 27<sup>th</sup> January, in the Bridge Mall, Ballarat. This was our fourth Saturday of selling with the car and I should like to sincerely thank Hilary Pope, Catherine Taylor, Alison Round, Caroline Nolan, Sharelle Knight, Maria Sozanski, Helen Eyres, Maureen Menhennet and past member Judy Snowden for their help on our four selling days, it was a great team effort! Thanks also to all members and friends who sold and bought tickets. I appreciated the prompt return of the tickets, stubs and money from everybody so that we were able to make the necessary returns to Rotary by the due date; special thanks to President Catherine for taking the tickets etc. to Rotary for me as I was working that day.



*Stella Coffey and Helen Eyres selling raffle tickets in Central Square*

As usual we sold the tickets for \$2 each and retained 80% (\$1.60 per ticket) with the remainder going back to Rotary. There are 10 tickets to a book, so each book we sold raised \$16 for Zonta projects. This year our ticket sales totalled \$930.00, so after paying 20% (\$186.00) to Rotary, our profit was \$744.00, an increase of \$51 on last year's result – well done all! The prize-winners were published in the Courier Public Notices on Wednesday last week (14 February) – I don't believe that any of our tickets were lucky this time – better luck next year!

Thanks everyone

**Stella Coffey**  
**Rotary Raffle Coordinator**



*Helen Eyres with a selection of the food and presents for children for the 3BA Christmas Appeal. We have received a thank you from Peter Caligari.*

## DIARY DATES

|          |    |                                                      |
|----------|----|------------------------------------------------------|
| February | 22 | Dinner meeting                                       |
| March    | 1  | Board meeting                                        |
|          | 3  | Areas 1 and 4 Meeting (Maryborough)                  |
|          | 5  | ZC Central Goldfields – 3-safety information session |
|          | 6  | ZC Bendigo – IWD and Women of Achievement Dinner     |
|          | 6  | ZC Melton – IWD Dinner (Bev Brock as speaker)        |
|          | 8  | WRISC film night                                     |
|          | 8  | ZC Melbourne's West – IWD walk around Cherry Lake    |
|          | 22 | Ballarat's Great Women Dinner                        |
| April    | 12 | Board meeting                                        |
|          | 26 | Dinner meeting and AGM                               |
| May      | 10 | Board meeting                                        |
|          | 20 | ZC Kyneton Antique Evaluation Day                    |
|          | 24 | Dinner meeting – Changeover                          |
|          | 26 | Building Better Boards (Melbourne)                   |



*The Garden Clock at the Gardens at Lake Wendouree*

## Breast Cushion Stuffing Day

Recently, our Club held its Breast Cushion Stuffing Day, with several Members donating their time and sewing skills in support of a very worthy project.

We 'stuffed' 96 cushions in record time, enjoyed a lovely afternoon tea with Members taking their share of cushions home to stitch up and return for packing.

The Zonta Breast Care cushions provide comfort to women and men in the post-operative phase of breast surgery. Cushions are supplied to St John of God and the Ballarat Base Hospitals for distribution by the McGrath Breast Care Nurses. We have received many cards and letters over the years, thanking us and the feedback received from recipients has always been positive, with one woman noting that receiving the cushion was a turning point for her in helping to change her outlook and feel more positive.

Thank you to everyone for their time and support!

### Catherine Taylor



*Our afternoon's work complete!  
From left is Jenny Debney, Donna Campbell, Hilary Pope,  
Val Sarah, Maureen Menhennet and Stella Coffey*



*Our Breast Cushions packed and ready for distribution*



*From the left is Hilary Pope, Val Sarah,  
Donna Campbell and Maureen Menhennet*



*Stella Coffey and Jenny Debney looking very busy*



*Left is Leanne Storer and Joylene Fletcher  
The two McGrath Breast Care nurses at  
Ballarat Regional Integrated Cancer Centre*

Zonta Rose Day is celebrated annually on 8<sup>th</sup> March in conjunction with International Women's Day. This Rose Day, let someone special in your life know how much you appreciate her/him by making a donation to the Rose Fund in their honour.

**Your donation to the Rose Fund enables Zonta to continue supporting projects and programs that empower women and girls worldwide.**

As you set out to achieve your goals and make a difference in the world, who are the women and men you admire, who will stand beside you in your endeavours? With each donation, you can send your honouree a special email with a personalized message to let them know that they have made a difference in your life.

The campaign runs 2<sup>nd</sup> February – 8<sup>th</sup> March. If you prefer your honourees to receive their tribute notifications via postal mail, please submit your donation by 2<sup>nd</sup> March.

To make your donation to the Rose Fund, go to [zonta.org/donate](http://zonta.org/donate).

If you prefer to mail in your donation, please download the donation form.

For assistance, please contact the Zonta International Foundation at [zifoundation@zonta.org](mailto:zifoundation@zonta.org) or call



+1 630-928-1400.

Kind regards,

Sonja Hönig Schough  
International President  
Zonta International Foundation



### 'New Age' Exercise Tips

1. Beating around the bush
2. Jumping to conclusions
3. Climbing the walls
4. Swallowing my pride
5. Passing the buck
6. Throwing my weight around
7. Dragging my heels
8. Pushing my luck
9. Making mountains out of molehills
10. Hitting the nail on the head
11. Wading through paperwork
12. Bending over backwards
13. Jumping on the bandwagon
14. Balancing the books
15. Running around in circles
16. Tooting my own horn
17. Climbing the ladder of success
18. Pulling out the stops
19. Adding fuel to the fire
20. Opening a can of worms
21. Putting my foot in my mouth
22. Starting the ball rolling
23. Going over the edge
24. Picking up the pieces

*"When I was going through the files in the garage, I came across the ZC Sydney Breakfast 'New Age Exercise tips'".*

**Val Sarah**