



ZONTA
 CLUB OF
 BALLARAT INC
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

BAZ

ZONTA CLUB OF BALLARAT INC. (A0018802W)
 PO Box 1223, BAKERY HILL, VICTORIA 3354

Editor: catherine.taylor888@bigpond.com

MAY 2018

District 23 Area 4

**Our Dinner Meetings
 are usually held the fourth Thursday
 of the month 6.30 pm for 7.00 pm at
 Barkly's Restaurant, Corner Barkly Street
 & Main Road, Bakery Hill.
 Our next meeting will be 21st June 2018
 Phone Maureen on 0408 346 596**
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**PRESIDENT Catherine Taylor**



Dear Zontians,

Hello everyone,

This is my final report as President of our Club and before I ride off into the sunset, I would like to do two things – one is to say 'thank you' and the other is to remind everyone of our Club's achievements over the last twelve months.

Thank you to all Board Members over the last twelve months, Donna Campbell, Maureen Menhennet, Stella Coffey and Hilary Pope for your help, support and expertise. Thank you to all our Members, who have given of their time freely for whatever project we were working on to get the job done!

Now to our Club's achievements over the last twelve months –

- At our July and November Dinner Meetings, all members very generously donated non-perishable foodstuffs, clothing and toys to the 3BA Winter and Christmas Appeals.
- We have also very generously donated items for our Toiletries for Berry Street Project, which were put together by Val Sarah, Maria Sozanski and Helen Eyres.
- Our Breast Cushion Stuffing Day was great fun with ninety-six cushions 'stuffed' and taken home for final stitching. They were then delivered to the McGrath Breast Care nurses at the Ballarat Regional Integrated Cancer Centre and St John of God Hospital.
- In June, we held our Birthing Kit Assembly Day, coordinated by Donna Campbell and with the help of members and some friends we assembled 400 kits. Our fundraising for our next assembly day has kicked off with a very generous donation of \$500 from Nashish Marketing & Design.
- Our Club made a donation of \$200 to the Mount Clear Primary School, to assist with the School's Breakfast Program.
- The Rotary Raffle, coordinated by Stella Coffey, with many of our members selling raffle tickets over four Saturdays and raising \$744 for Club projects.
- Our Young Women in Public Affairs Award was won by Kate Lyons. All our finalists were impressive and I have thoroughly enjoyed judging this event over the last three years. My thanks go to Stella Coffey assisted by Sharelle Knight, Donna Campbell, Caroline Nolan and Jenny Debney.

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- Our Amelia Earhart Garden Party, which was held at the beautiful home of Maria and Bron Sozanski and coordinated by Donna Campbell. Afternoon tea was a huge hit and this event raised \$540 for the Amelia Earhart Fund and a great day was had by all.
- In September, Val Sarah, Stella Coffey, Maureen Menhennet, Hilary Pope and Donna Campbell joined me in attending the District 23 Conference in Geelong, which was excellent.
- We celebrated our 39<sup>th</sup> Birthday in October, which was a lovely evening. This year, celebrating our 40<sup>th</sup> Anniversary will need the help and assistance of everyone and it will be a great afternoon with High Tea at Craig's Royal Hotel.
- Many members and guests attended our movie night screening "The Guernsey Literary and Potato Peel Pie Society", organised by Caroline Nolan. This raised funds for our Young Women in Public Affairs Award 2018 and was a lovely movie.
- Many members attended the White Ribbon Day Breakfast in November, with guest speaker Phil Cleary, which was very interesting. Phil has long been an advocate against domestic violence, which he experienced firsthand after a family tragedy.
- We have also sponsored some events at Royal South Street, namely the Debating Competition – best female debater in each age group, and the Speech and Drama

Encouragement Award named after our Charter member Maureen Christie.

- We also added another six very inspirational women to the Honour Role for Ballarat's Great Women, which was organised by Hilary Pope and Val Sarah and was a lovely evening. Val and Hilary have organised this event for the last ten years with commitment, perseverance and pizzazz.
- We welcomed two new Members – Alison Round, who transferred from another Zonta Club in Brisbane and Jenny Debney. Jenny left due to a change in family circumstances. And after twenty-three years contribution to Zonta in a variety of roles, Hilary Pope decided to move on and explore new opportunities and challenges.

This is just a snapshot of what our Club has achieved over the last twelve months and to all our members, I say, "Thank you so much, a mighty job and done exceptionally well!" I believe, as a Club, we punch well above our weight.

I also need to thank everyone for their contributions to BAZ, which I hope keeps you all informed about what is happening each month within our Club.

And now to our future, I wish Donna and the new Board every success as our Club celebrates forty illustrious years!

**Yours in Zonta  
Catherine**

## DIARY DATES

|                         |                                             |                            |                                             |
|-------------------------|---------------------------------------------|----------------------------|---------------------------------------------|
| 24 <sup>th</sup> May    | Dinner Meeting – Changeover                 | 13 <sup>th</sup> September | Board meeting                               |
| 26 <sup>th</sup> May    | Building Better Boards (Melbourne)          | 27 <sup>th</sup> September | Dinner Meeting                              |
| 2 <sup>nd</sup> June    | ZC Wangaratta – Zontique Roadshow           | 11 <sup>th</sup> October   | Board meeting                               |
| 14 <sup>th</sup> June   | Board Meeting                               | 21 <sup>st</sup> October   | 40 <sup>th</sup> Anniversary High Tea       |
| 21 <sup>st</sup> June   | Dinner Meeting                              | 25 <sup>th</sup> October   | 40 <sup>th</sup> Anniversary Dinner Meeting |
| 29 <sup>th</sup> June – | 64 <sup>th</sup> International Convention – | 8 <sup>th</sup> November   | Board Meeting                               |
| 3 <sup>rd</sup> July    | Yokohama Japan                              | 22 <sup>nd</sup> November  | Dinner Meeting                              |
| 12 <sup>th</sup> July   | Board Meeting                               | 25 <sup>th</sup> November  | White Ribbon Day                            |
| 26 <sup>th</sup> July   | Dinner Meeting                              |                            |                                             |
| 9 <sup>th</sup> August  | Board Meeting                               |                            |                                             |
| 23 <sup>rd</sup> August | Young Women in Public Affairs Dinner        |                            |                                             |

## THREE CHEERS FOR VOLUNTEERS!

The 2018 National Volunteer Week runs from 21<sup>st</sup> to 27<sup>th</sup> May, and this year's theme is an interesting one: **"Give a little, change a lot"**.

If you noticed a few people wearing orange on Wednesday (23<sup>rd</sup>), they would have been celebrating **Wear Orange Wednesday (WOW) Day**, a national day of thanks for the amazing VIC SES volunteers in the Victoria State Emergency Services who support local communities in sometimes terrifying circumstances such as floods, road rescues, search and rescue. What would we do without them?



*Our own Club volunteers in action!*

You've probably noticed the **Volunteering Ballarat** page in The Courier promoting support for diverse groups and organisations in our community, such as the Red Shield Appeal, the Ballarat Tramway Museum, WRISC Family Violence Support, L2P – the Learner Driver Mentor Program, the Ryder-Cheshire Foundation seeking Volunteers in India and East Timor, Lifeline and Uniting Care.....to name a few.

Did you know that there is an office here in Ballarat? It's in United Way's new office 7 Lydiard St South.



*Another example of members volunteering!*

The icing on the cake is **The Festival of Volunteering** showcasing the history of the many volunteer organisations across the region, including displays, stalls and entertainment which forms part of the celebrations of **Ballarat Heritage Weekend 2018**, at Housey Housey, Armstrong Street North, between 10 a.m. and 2 p.m. this coming Saturday and Sunday 26 and 27 May (and it's free!)



*Members volunteering at our Birthing Kit Assembly afternoon*

The network of volunteers is one of the great strengths of our city, wouldn't you agree?

**Val Sarah**

## WHEN FOOD IS MORE THAN GLORIOUS ...

### Why are so many people seeking emergency food relief?

The latest survey of 100 charitable food relief clients in our community shows that 78% suffer moderate to severe hunger, 26% go to sleep hungry almost every week, while 72% can go one or two days a week without eating at all.

### How does this happen?

Financial instability? Lack of resources? Limited access to nutritious and affordable food?

### What sort of impact does food insecurity have on an individual?

Well, mental and physical problems for a start ... so it needs a whole of community support to fix things.

### What are we doing about it?

In 2016 a collective of Ballarat agencies formed the Food Access Network (FAN) and The Ballarat Foundation funded Ballarat Community Health (BCH) to host a forum on this issue in 2017. The next step was that 100 participants from three agencies – Uniting Ballarat, the Salvation Army and Anglicare - took part in a research project undertaken by dietetics students at Monash University, designed to increase understanding of the causes, costs and consequences of food insecurity and hunger.

### What's happening now?

Besides the original partners, FAN has now grown to include the City of Ballarat, Central Highland Primary Care Partnership, Soup Bus, the YMCA, Hepburn Health, Laneway Food is Free, the Golden Plains Shire, Link Up – Ballarat SC, Wellbeing Wendouree, Permaculture Guild, the Rowan View Preschool and the Harvest Ministry of Food.

And the latest news, as of April this year, is that a partnership agreement has been signed with Foodbank Melbourne to locate a distribution warehouse in Ballarat.

For those who go hungry in our community, this can't come quickly enough ... it's worthy of support.

### VAL SARAH

Ambassador,  
The Ballarat Foundation

## CITATION FOR HILARY POPE – April 2018

Hilary came to us from the Zonta Club of Waverley, now known as Melbourne's East, which is almost a 'sister' club as it was chartered on the 10<sup>th</sup> of October in 1978, a mere handful of days before our own chartering on the 24<sup>th</sup>.

A Zontian now for 23 years, she has always served to the fullest degree, and she brought with her to our Club experience including holding the position as President in Waverley. In no time at all, she was fully immersed in our Club, in our community, and in the broader avenues of service to Zonta.

As Catherine pointed out in the April issue of our newsletter, BAZ, Hilary's contribution to our Club has been invaluable. *"Just think", Catherine said "of all the flyers she has designed; all the bookings at The Barkly; all the raffle tickets she has sold; all the meeting agendas and meeting minutes she has written, to name a few."*

On the home front, Hilary chaired committees, acted as Secretary, Treasurer and President of our Club on more than one occasion. She was our representative on the White Ribbon Day Committee, chaired Ballarat's Great Women Committee, sent us updates from the United Nations and kept our growing list of FOZ (Friends of Zonta) updated with our latest news.

Hilary's membership has known no boundaries. She has been our Ambassador at meetings and events of other Clubs in Areas 1 and 4 in Victoria and assisted in chartering other clubs; she has held office-bearers positions on the Past Presidents' Group in Victoria and has been a leading light in the training for office-bearers in the project of 'Building Better Boards'. Her most significant role in the District was as Chairman of the District 23 Conference held in Ballarat in 2009.

She has served as our Club and District 23's Official Photographer. She has communicated with our Friendship clubs around the world. She has been our elected Delegate at Zonta International Conventions.

Hilary is part of the fabric of our club, as our archival records show. We would like to name our photographic archive, 'The Hilary Pope Photographic Collection' in her honour.

*Thank you, Hilary!*

## *'A Victorian Silhouette' exhibition to showcase Gold Museum's vast fashion collection*

A new fashion exhibition, A Victorian Silhouette, opening at Sovereign Hill's Gold Museum in Ballarat will provide a glimpse into the fashion trends and role of women in the Victorian era (1837-1901).

Running from 18<sup>th</sup> May to 4<sup>th</sup> November, the exhibition draws on the Gold Museum's incredible collection of original Victorian garments and accessories, shown alongside reproductions made by Sovereign Hill's Costume Department to highlight the craftsmanship in recreating Victorian-era fashion.

Female clothing in the Victorian era reflected the role and status of women in society. Wealthy and middle class women wore more decorative and elaborate clothing, while the outfits of their working counterparts were simpler," says Gold Museum Curator, Snjez Cosic.

"With costume one of the most recognisable aspects of Sovereign Hill's interpretation of life on the Victorian goldfields, this exhibition provides visitors with a fantastic opportunity to understand how fashion and women's roles were defined during the Victorian era."

Highlights of the exhibition will include:

### **Behind the Scenes:**

Staff in Sovereign Hill's costume department work tirelessly to achieve the 1850s look. The team operates an on-site made-to-measure workroom where historical costumes are researched, produced and repaired for nearly 2,000 costumed staff. Visitors can step inside the costume department's workroom and discover how Sovereign Hill's characters come to life. A selection of bonnets created by the Friends of Sovereign Hill bonnet-makers can also be tried on to recreate the Victorian look of the 1850s.

### **A Victorian Silhouette – The Film:**

Peek behind the door of a Victorian boudoir and discover the secrets of the 1850s silhouette. Filmed exclusively for *A Victorian Silhouette*, the exhibition features an extended version of the short film chosen as a winner in the Australian Category of the 2018 Virgin Australia Melbourne Fashion Festival Fashion Film Awards.

### **Rare Collection:**

The exhibition showcases the Gold Museum's unique collection of women's dresses and accessories from the Victorian period. Key objects to be displayed include:

**A Wedding Dress from 1882** - Made from a combination of satin silk and raw silk, the dress was worn by Amy Gibbs for her marriage to Ernest Henry Lawson in 1882. Amy was the daughter of John Gibbs, the proprietor of the Charlie Napier Hotel. Sadly, Amy was only married for one year. She delivered a stillborn son in 1883 and died herself the following day on her wedding anniversary, aged 30 years.

**A Day dress, circa 1860s** - One of the rarest items in the Gold Museum's collection, this polished cotton and wool blend dress was worn by Eliza Perrin, a hotel owner on the Ballarat goldfields.



**A Ballgown from 1867** - This ballgown, in green silk with cream ribbon, was worn by seventeen-year-old Mary Fenton Whitelaw in 1867 to a ball held to celebrate the visit of the Duke of Edinburgh to Ballarat. Mary met her future husband, Lewis Stewart Blair Junior, at the ball.

**An English tea set, circa 1885** - The set belonged to Isabella Dobson who migrated to Ballarat in 1851 with her family. Isabella worked for an aristocratic family who gifted her the tea set before she set sail for Australia.

**Wedding accessories, circa 1890** - Worn as part of a wedding ensemble in 1890, the accessories feature cream kid leather gloves and a wax orange blossom headpiece.

A Victorian Silhouette runs at the Gold Museum from 18<sup>th</sup> May – 4<sup>th</sup> November. Tickets are \$13.60 for adults and \$7.20 for children. Concession and Family Tickets are available. To find out more, visit [sovereignhill.com.au](http://sovereignhill.com.au)

**Michelle Smith**  
Manager, Gold Museum

# Changeover Dinner – Zonta Club of Central Goldfields



*Catherine Taylor presenting the gavel to the new President of the Zonta Club of Central Goldfields, Bronwen Haywood*

Last Wednesday evening, I attended the Changeover Dinner of the Zonta Club of Central Goldfields and was very warmly welcomed.

What a great night! The conversation was lively and the food and service at the Supreme Bar and Restaurant was wonderful.

The new Board Members are –

President – Bronwen Haywood

Vice President – Ruth Cain

Minute Secretary – Marj Caulfield

Correspondence Secretary – Lyn Symons

Director – Jenny Hurse, responsible for Service & Advocacy

Director – Jane Johnson, responsible for Membership and Program

Director – Jane Martin, is the Club's Fundraising Coordinator

All Board and Club Members are looking forward enthusiastically to another great year in Zonta!

## Catherine Taylor



*The new Board of the Zonta Club of Central Goldfields – From left is Ruth Cain, Marj Caulfield, Bronwen Haywood, Kerry Stewart, Jane Johnson, Jenny Hurse and Jane Martin*



*Left is Catherine Taylor with the Club's three Directors, Jane Johnson centre and, on the right, Jane Martin and Jenny Hurse*

# Birthing Kits and health initiatives working together to improve outcomes for mothers and babies in Nigeria

PeachAid Medical Initiative Nigeria (PMI Nigeria), is a community-based humanitarian organisation, dedicated to providing a clean and safe birthing environment, contraceptive options and advocacy for medical abortion, to reduce the incidence of infant and maternal morbidity and mortality in rural communities across Nigeria.

In partnership with BKFA, PMI Nigeria's aim is to ensure that every woman in a rural community, irrespective of her location can access a Birthing Kit. Additionally, there is a great need to increase the knowledge of traditional birth attendants and the number of women who access health facilities where skilled birth attendants can deliver babies.

Kits were recently distributed to Community Health Extension Workers, Traditional Birth Attendants, and Pregnant women in the communities of Jikwoyi, Kpeyegy and Nasarawa State.

PMI Nigeria say that "when the Birthing Kit is accessed by every pregnant woman and properly used, it reduces the incidence of infection during child birth, thus saving more lives in these poor communities".

PMI Nigeria also understand the vital importance of conducting in house training to midwives, and other medical personnel on the correct use and disposal of Birthing Kits: They say:

"advocating for the use of birthing kits is core. We train and educate all the birth attendants on the importance of carrying out deliveries on a clean surface, as it is hard to see clean surfaces in these rural communities".

In addition, PMI Nigeria also distributes some contraceptives and medications for the management of Post-partum haemorrhage. They say that "Birthing Kits give our projects the complete face because



*Educating pregnant women of the Jikwoyi community on correct use of birthing kits during home-delivery*

every woman needs a safe and clean environment to lie down and give birth even before talking about management of bleeding and contraceptives".

Thank you for this update, PMI Nigeria, it is encouraging to see health initiatives working together to help save lives in poor communities.

To find out more about becoming a BKFA Field Partner, visit [www.bkfa.org.au](http://www.bkfa.org.au)

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## 2 Millionth Birthing Kit

You are invited to the Zonta Club of Adelaide Hills Birthing Kit Assembly Day where the milestone occasion of the assembly of the 2 millionth birthing kit will be celebrated! The Zonta Club of Adelaide Hills started this project and made the first kit back in 1999!

2000 kits will be assembled on Saturday, 16<sup>th</sup> June at 1 p.m. at the Blackwood Community Centre and volunteers are needed.

**Afternoon Tea will be provided!**

To register, please contact the Zonta Club of Adelaide Hills.



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## **SAVE THE DATE!**

**The Zonta Club of Ballarat  
is celebrating its 40<sup>th</sup> Anniversary  
with High Tea  
at Craig's Royal Hotel  
19 Lydiard Street South, Ballarat**



**on Sunday 21<sup>st</sup> October 2018  
from  
1.30 p.m. to 3.30 p.m.  
\$70 per ticket**

Please place this date in  
your diary, so you can  
help our members celebrate  
this great achievement.

If you would like more information –  
Enquiries to – Catherine 0439 711 451 or  
Email: [zontaballarat@yahoo.com.au](mailto:zontaballarat@yahoo.com.au)

40<sup>th</sup> Anniversary Committee  
Zonta Club of Ballarat,  
PO Box 1223, Bakery Hill, VIC 3354