



**ZONTA**  
 CLUB OF  
 BALLARAT INC  
 MEMBER OF ZONTA INTERNATIONAL  
 EMPOWERING WOMEN  
 THROUGH SERVICE & ADVOCACY

**BAZ**

**ZONTA CLUB OF BALLARAT INC. (A0018802W)**  
 PO Box 1223, BAKERY HILL, VICTORIA 3354

Editor: [catherine.taylor888@bigpond.com](mailto:catherine.taylor888@bigpond.com) **NOVEMBER 2017**

District 23 Area 4

**Our Dinner Meetings  
 are held the fourth Thursday of the month  
 6.30 pm for 7.00 pm at  
 Barkly's Restaurant, Corner Barkly Street  
 & Main Road, Bakery Hill.  
 Our next meeting will be 18<sup>th</sup> January 2018  
 Phone Hilary Pope on 0411 402 557**  
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**PRESIDENT Catherine Taylor**



Dear Zontians,

What a great month it has been!

We held our annual Breast Cushion Stuffing Afternoon recently and a huge thank you to Donna Campbell, Stella Coffey, Hilary Pope, Val Sarah, Maureen Menhennet and Jenny Debney for giving up their Saturday afternoon to assist in stuffing 96 casings. It was surprising how quickly we managed to 'stuff' them with everyone taking some home to stitch up! The stuffed cushions will be brought to our Dinner Meeting this Thursday, then packed and delivered to the McGrath Breast Care Nurses for distribution to BRICC and St John of God Hospital.

A thank you also, to Maureen Menhennet for organising the courier, Quicks Freight Express, who very generously delivered the ten-kilo bag of stuffing to Mentay free of charge. Ten kilos may not seem like much, but it was huge.



*Left is Stella Coffey, Catherine Taylor and Anna Gamble*

Another highlight this month was the very generous donation of \$500 from Nashish Marketing & Design for our Birthing Kit Fund. This year, Nashish decided to donate the money they would usually spend on Client Christmas Gifts to our Birthing Kit Fund. Apart from this donation, they also assist our Club with website design and hosting. What a great example of corporate generosity! A letter of thanks has been sent to Gavin and the team.

It is also time for the 3BA Christmas Appeal! At our Dinner Meeting this Thursday, can we please bring any donations of food and an unwrapped present suitable for a boy or girl that we can afford. These donations will then be delivered to Peter Caligari at the 3BA Christmas Appeal.

**Yours in Zonta  
 Catherine**

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**Val Sarah**

**“RESILIENCE ALONE IS NOT ENOUGH”**

This was a headline in a recent newsletter from Medecins Sans Frontiers (*Doctors Without Borders*) commenting on the fact that **every minute millions of men, women and children need urgent medical assistance.**

For many women living in countries whose health systems have been severely affected by conflict, natural disasters or neglect, access to obstetric and other types of women’s healthcare can be extremely challenging. Resilience alone is not enough to save lives.

It is estimated that around **830 women around the world die each day from causes related to pregnancy and childbirth alone.**

In countries where home-births without a skilled attendant are most common, according to MSF, the rate of maternal mortality is highest. Almost all maternal deaths occur in developing countries, with more than half occurring in sub-Saharan Africa and close to one-third in South Asia.

**WHAT ARE WE DOING TO HELP?**

As Zontians we are privileged to offer our hands-on or financial support at both District and International levels.

**We support the Birthing Kit Foundation (Australia),** and as the years have passed, the BKFA program has grown in scope to include

training and resources and research, which expand the potential not only for further development of the program but also real hope for men and women, parents and children in developing countries ... for generations to come.

**We also support the Liberia Fistula Program internationally,** partnering with UNFPA towards the elimination of obstetric fistula and the reduction of maternal and newborn mortality and morbidity (disease). Rehabilitation of survivors includes equipping them with the skills and strengths for reintegration into their communities, where once they were abandoned by their families and marginalised in society.

These small actions not only save lives, but give hope and potential for fulfilment.

*Let us hope that they also bring a measure of Peace.*

**VAL SARAH**

Ambassador, BKFA

**DIARY DATES**

- November 23 Dinner meeting (Christmas 3BA appeal)
- November 24 Ballarat White Ribbon Day Breakfast
- November 24 ZC Mornington WRD Breakfast
- November 25 Rotary Community Raffle – selling tickets for Club
- November 25 International Day for the Elimination of Violence Against Women and White Ribbon Day
- December 1 Close of Nominations for Ballarat’s Great Women 2018
- December 7 Preliminary Judging of BGW nominations
- December 16 Rotary Community Raffle – selling tickets for Club
- 2018**
- January 18 Planning Meeting
- January 21 Mornington Club’s Amelia Earhart event
- January 27 Rotary Community Raffle – selling tickets for Club
- February 4 Past Presidents Group meeting
- February 11 Amelia Earhart Garden Party

## BALLARAT'S GREAT WOMEN 2018

Our quest is to showcase the achievements of local women who were born, educated, or have worked in Ballarat; and have made a significant contribution to the local community.

We have contacted possible nominees for candidates identified by the Committee and also forwarded invitations to community groups seeking nominations.



*2014 Honourees: (at rear) Sue Anderson, Patrice Braun, Kim Quinlan and (at front) Karen McCraw, Pam Davies and Pat Fraser. Photo courtesy of the Courier.*

Time is limited, as nominations for the 2018 Honourees close on **1 December 2017**, with an announcement of the finalists in February.

So, if you know a local woman who meets the criteria please suggest their nomination to a person or organisation with which they are connected and pass on the nomination form, or refer them to our website. A full list of honourees is on our website.

A celebratory presentation function, when nominators will be invited to support their Honouree, is being planned for March 2018 and will also mark the tenth year we have honoured Ballarat's Great Women.

**Hilary Pope**  
Convener, BGW

## ROTARY RAFFLE

This coming **Saturday (26 November)** will be our first ticket selling day with the car for this year, and I'm delighted that we have a full roster of volunteers for the day – thanks so much to all who have offered to help. I have (at last!!) been advised by Rotary of the location for this Saturday – we will be at **BigW in Curtis Street, Ballarat**, from 9.00 am to 4.00 pm. On our first day last year we sold over 8 books of tickets – let's try to beat that this year! Remember that each book of tickets we sell is a profit of \$16.00 for the club.

There are still time slots available on the rosters for **Saturday 16 December and Saturday 27 January**. I will circulate by e-mail and bring the lists to the Dinner meeting this week. Please help with these days if you can – thanks! The locations are possibly Lucas for December, and the Bridge Mall for January, but Rotary cannot confirm these at the moment.



*Stella Coffey selling raffle tickets earlier this year*

Just a reminder that as usual we sell the tickets for \$2 each and retain 80% (\$1.60 per ticket) with the remainder going back to Rotary. There are 10 tickets to a book, so each book you sell/buy raises \$16 for Zonta projects. That's \$1200 if we sell our 750!! The raffle will be drawn on Sunday 11 February. There are great prizes - Ford cars as first and second prizes, and a \$5000 Escape Travel voucher as third prize. Books will be available at this week's dinner so please take a book (or two) to sell or give away to your friends and contacts. (A raffle ticket or two makes an inexpensive and unique little Christmas gift tucked into a Christmas Card for a friend, work colleague or neighbour – don't forget to write their phone number or address on the stub!)

Please contact me if you have any questions.

Thanks everyone

Stella Coffey

Rotary Raffle Coordinator

Email: [stellbell@nashish.com](mailto:stellbell@nashish.com)

Phone: 0409 022 427

# PERSONAL SAFETY SURVEY 2016

# FACT SHEET

## EXPERIENCES OF VIOLENCE

APPROXIMATELY



**ONE IN FOUR WOMEN**

**has experienced violence by an intimate partner\*\*** compared to one in thirteen men.



APPROXIMATELY **ONE IN SIX WOMEN**

**has experienced partner\* violence** since the age of 15.



Women were more likely to have experienced violence by a previous partner\* than a current partner.

- **Almost 3% of women** (275,000) have experienced violence by a **current partner**.
- **Compared to nearly 15% of women** (1.4 million) who have experienced violence by a **previous partner**.



of women physically assaulted by a male knew the perpetrator—most commonly (41%) a former partner\*.



Women are nearly **3 TIMES** more likely than men to have experienced violence by a partner\*

## SEXUAL VIOLENCE



One in five women in Australia has experienced sexual violence.

Women are **8 TIMES** more likely to experience sexual violence by a partner\* than men.



**ONE IN TWO WOMEN**

has experienced sexual harassment during her lifetime.

## STALKING



**ONE IN SIX WOMEN**

experienced an episode of **stalking** since the age of 15.

## WOMEN WITH A DISABILITY

Women with a disability or long-term health condition were **more likely to have experienced violence** than those without.



## FEELINGS OF SAFETY



Women who experienced physical assault by a male **WERE TWICE AS LIKELY** as men to have experienced anxiety or fear for their safety.

## DEFINITIONS

### \*PARTNER

A person the respondent lives with, or lived with at some point, in a married or de facto relationship.

### \*\*INTIMATE PARTNER

A current or previous partner with whom the respondent lived, or current or former boyfriend, girlfriend, or date with whom the respondent did not live.

### VIOLENCE

Comprises sexual assault, sexual threat, physical assault, and physical threat.

### ANROWS

AUSTRALIA'S NATIONAL RESEARCH ORGANISATION FOR WOMEN'S SAFETY  
*to Reduce Violence against Women & their Children*

**ANROWS.ORG.AU**  
enquiries@anrows.org.au

Australian Bureau of Statistics. (2017). Personal Safety, Australia, 2016 (Cat. No. 4906.0). Retrieved November 14, 2017 from <http://www.abs.gov.au/ausstats/abs@.nsf/mf/4906.0>



## Sensory Garden

Recently, Val Sarah and I visited the Sensory Garden in the Botanical Gardens, separately, and we both thought we needed to do an update.

In the May edition of BAZ, Jenny Debney wrote a story about visiting the Gardens and since then, they have been given a makeover.

The signage has all been redone and is very schmick. The garden beds have all been tidied up and I was delighted to find there were four Zonta roses. When Jenny and I visited in May, I could only find three.



If you would like to get out and enjoy our beautiful weather and get fit at the same time, go for a walk through these beautiful gardens.

**Catherine Taylor**



# Breast Cushion Stuffing Day



*Left is Donna Campbell, Maureen Menhennet, Catherine Taylor and Val Sarah with her back to the camera. Everyone is focusing on the job at hand.*



*Stella Coffey and Jenny Debney, who appear to have been very busy*



*Hilary Pope, Val Sarah, Donna Campbell and Maureen Menhennet enjoying themselves*

Recently, our Club held its Breast Cushion Stuffing day at Mount Clear Primary School.

It didn't take long for us 'to stuff' the 96 casings with most Members electing to take the cushions home to stitch. They will then be packed and supplied to St John of God and the Ballarat Regional Integrated Cancer Centre for distribution by the McGrath Breast Care Nurses.

The Zonta Breast Care cushions provide comfort to women and men in the post-operative phase of breast surgery. Over the years, we have received many cards and letters thanking us and the feedback received from recipients has always been positive, with one woman noting that receiving the cushion was a turning point for her in helping to change her outlook and feel more positive.

I am sure everyone enjoyed their afternoon and I would like to thank our Members for donating their time and sewing skills in support of a very worthy project.

**Catherine Taylor**



*Jenny Debney, Donna Campbell, Hilary Pope, Val Sarah, Maureen Menhennet and Stella Coffey admiring the fruits of their labour*

## Up Coming Events

### Planning Meeting

Our next Dinner Meeting will be our Planning Meeting on Thursday, 18<sup>th</sup> January 2018.

This is everyone's opportunity to contribute to the Zonta year ahead. If you have any ideas for a great guest speaker, or any ideas for fund raising, please bring them to this meeting. Planning will also need to start in earnest for our 40<sup>th</sup> Birthday Celebration. If there are any other matters for discussion, please let me know early in January so they can be included in the Dinner Meeting Agenda.

### Amelia Earhart Garden Party

Celebrate this most enjoyable afternoon at the home and garden of Maria and Bron Sozanski, in Newlyn, on Sunday 11<sup>th</sup> February, from 2.30 to 4 p.m.

You can wander around their beautiful garden, enjoying all the different aspects. Bron may even give you a guided tour!

This afternoon will also feature a Market stall with plants and gardening books for sale.

All proceeds will support the Amelia Earhart Fellowship, which was established by Zonta International in 1938 to honour famed aviatrix and Zontian, Amelia Earhart and awarded annually to women pursuing further education in aerospace-related sciences or aerospace-related engineering. Our event earlier this year, raised \$800 for this very worthy course.

A link to Trybooking is being set up now and a flyer will be sent out shortly.

### Catherine Taylor

#### Birthdays

Congratulations to  
Maureen Menhennet, who is celebrating  
her birthday on 13<sup>th</sup> December.

Happy Birthday and have a great day!

## Thank you and Happy Christmas!



I hope you have all enjoyed reading BAZ this year and enjoyed your year in Zonta!

I need to thank Hilary, Val, Stella, Maureen, Jenny and everyone for their stories and Hilary, for all her photos. And my proof reading committee of Hilary, Val and Stella, who make corrections at very short notice and even though the software doesn't behave like it should sometimes, I certainly enjoy bringing BAZ to you.

This year, as in other years, it takes the help and support of many Members to organise our dinner meetings and our Ballarat's Great Women and Young Women in Public Affairs Events and I thank everyone for their help and support with all our Club activities.

I wish you all a great Christmas and a happy and safe New Year and look forward to doing it all again in 2018! Our first event in the new year, will be our Planning Day on Thursday 18<sup>th</sup> January.

*Catherine X*

# Celebrating our Club's 39<sup>th</sup> Birthday



*Kay Stewart, during her very interesting presentation about Zonta International's involvement with the UN*



*Members watching Alison's induction*



*Val Sarah, with Alison Round during her induction, Stella Coffey introducing Alison and Catherine Taylor*



*Michelle Smith being presented with her gift and Zonta Rose by Jenny Debney, after giving a very enjoyable talk on her role as Senior Curator and Manager of the Ballarat Gold Museum*



*Our newest Member, Alison Round being presented with her certificate and Zonta Rose by Catherine Taylor*



*And what is any Birthday celebration without cake! These delectable cupcakes were delicious!*