



ZONTA
 CLUB OF
 BALLARAT INC
 MEMBER OF ZONTA INTERNATIONAL
 EMPOWERING WOMEN
 THROUGH SERVICE & ADVOCACY

BAZ

ZONTA CLUB OF BALLARAT INC.
 (A0018802W)
 zontaclubofballarat@gmail.com
 PO Box 1223, BAKERY HILL, VICTORIA 3354



Editor: catherine.taylor888@bigpond.com

OCTOBER 2020

District 23 Area 4

**Our Meetings are held the fourth
 Thursday of the month
 at 7.00 pm currently via Zoom
 Our next meeting will be
 26th November 2020
 Phone Maureen on 0408 346 596**

**PRESIDENT
 CAROLINE NOLAN**



One of the yellow roses in the Sensory Garden at the Ballarat Botanical Gardens

Dear Zontians,

Good afternoon from Ballarat on a pleasant Saturday afternoon. This morning I was over in our Botanical Gardens at the Zonta Sensory Garden, checking on our Zonta Roses, and optimistically hoping for signs of an early bloom. The "Zonta Rose" was introduced at the 1984 Sydney Convention as a living symbol of Zonta International and since 1999, it has served as the symbol of Zonta Rose Day, which falls on 8th March. The Zonta Rose itself has bright yellow blooms, produced in large sprays, and neatly spaced to form a bouquet. The motivation for this morning's walk, was the number of yellow long stem roses we have given out in the busy month of October.

The Ballarat's Great Women committee has been out and about delivering yellow roses, booklet and certificates to the eight 2020 Honorees and their Nominators. This was the culmination of a twelve-month process, as sadly our 26th March Dinner had to be postponed and then ultimately cancelled due to Covid-19 restrictions. A booklet illustrating their achievements was produced by Catherine Taylor and copies given to each of them.

Also, in October, the Young Women in Public Affairs Committee have been engaged in the final steps of the YWPA Award, also involving the distribution of yellow roses and certificates. On 10th October we had the interviews for the applicants and we express our

gratitude to the three judges: Ms Michaela Settle MP (Member for Buninyong), Ms Shani Cain (CEO of Oaktree) and Ms Catherine Taylor (Zonta Club of Ballarat). We had four applicants nominated by their schools and the final stage of this process, at a Club level, is the presentation on 22nd October when we are privileged to be able to hear these young women present at a Zoom meeting.

In a normal year, our October Meeting would be our Birthday Celebration where we commemorate the formation of the Zonta Club of Ballarat. It is 42 years since our Chartering and we are fortunate to still have Charter President and Past International President, Val Sarah, as an active member of our Club. We will celebrate our actual Charter Day on 24th October. There will be no rest for our small group, however, as our 'Zonta Says No' committee has already started planning for the next of our calendar events, the '16 Days on Activism', from 25th November.

Finally, I would like thank our club members, and their families, who were asked at the August meeting to donate the cost of a dinner to support the work of the Zonta Club of Beirut. We raised over \$400 which will go towards rebuilding homes lost in the explosion.

**Yours in Zonta fellowship,
 Caroline Nolan**

In this edition: P 2 – BGW and Celebrating 42 Years of Service and Advocacy; P 3 - YWPA Awards; P 4 & 5 – Service Report and Zonta SAYS NOW To climate action; P 6 – UN Report; P 7 & 8 – Joy O'Hazy

Ballarat's Great Women 2020 and 2021

Catherine, Maureen and I have been on an extended journey with **BGW 2020**, beginning in August 2019, and continuing through weekly profiles of Honourees in The Ballarat Times between January and mid-March, before COVID 19 forced the postponement of our proposed Celebratory Dinner on the 26th March, and ultimate revision of the burning question "*How to acknowledge both the Nominators and the Honourees?*".

For simplicity's sake, we decided to create our usual booklets of Honouree profiles which would be extended to include some current information about our Vision, Mission, Club and International Programs and Projects, and hand-deliver them on October 14th.

Catherine surpassed herself with the complex task of formatting the wording and images, Maureen recommended a Printer with whom we established a good relationship, and we proofed it and proofed it almost out of existence!



I delivered 2 copies of the booklet with a personal note of thanks on behalf of our Members to each of the Nominators (one for their Archival records and a personal copy), while Catherine and Alison delivered the gifts to each of the Honourees - a booklet, a golden Zonta Rose and a framed certificate beautifully wrapped and beribboned by Catherine.

The result? A lot of goodwill, new friendships forged, and a happy conclusion to another year of honouring Ballarat's Great Women.

... but wait, there's more! we have our first completed Nomination Form for **BGW 2021!**

Val Sarah
Chair, Ballarat's Great Women Committee

Celebrating our Club's 42nd Anniversary

"The tightly-knit membership of the Zonta Club of Ballarat is celebrating 42 years of friendships forged, community partnerships created, and delivery of service and advocacy locally and internationally", **says Charter President and Past International President, Val Sarah.**



Celebrating our 40th Anniversary with
our dear friend Donna Campbell

"As an organisation dedicated to empowering women worldwide, we envision a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision-making positions on an equal basis with men. Our programs and projects address the needs of families and communities worldwide, and we have funded over 160 projects locally and internationally, since the Club's inception in 1978."

"On a personal level, members have the opportunity to link up with like-minded women and men in Friendship Clubs from Finland in the north to New Zealand in the south, exchange gifts evocative of different cultures and traditions at international Conventions, and participate in International Study Tours which have increased our understanding of the human condition worldwide."

"At the heart of everything we do, is our local community. We initiated the Sensory Garden in the Ballarat Botanical Gardens, support Awards through the Royal South Street Society Eisteddfod, and supplement the Zonta Art Collection of works by Australian women artists at the Art Gallery of Ballarat."

"Perhaps our most ambitious program was the exhibition "*Walking in Their Shoes*" celebrating Zonta at the Gold Museum in 2008, which was viewed by 50,000 visitors from 49 countries worldwide".

For more information please phone **Alison on 0468 407 611**

Young Women in Public Affairs Award 2020

Though about 40% of the world's workforce is women, according to data from the Inter-Parliamentary Union, only 24.9% of all national parliamentarians were female as of 1st August 2020. Because Zonta International believes that young women are the key to women's advancement in the field of public service, it offers the Young Women in Public Affairs (YWPA) Award, which recognizes young women, ages 16-19, for demonstrating leadership skills and commitment to public service and civic causes, and encourages them to continue their participation in public and political life.

Established in 1990 by Past International President Leneen Forde, Zonta has given 971 awards to 819 young women from 58 countries valued at US\$1,109,250.



Winner of the District 23 YWPA Award 2019 is Madalynn Baumanis from Wangaratta, with District 23 Governor, Jane Adornetto and President, Christine Haddrick

The program operates at the Zonta club, district/region and international levels. Zonta clubs provide awards for club recipients, and district/region and international awards are funded by the Zonta Foundation for Women. District recipients receive US\$1,500, and 10 international recipients are selected from the district/region recipients to receive awards of US\$5,000 each.

Women, aged 16-19 on 1 April each year, studying at a secondary school, college or university in a Zonta

district/region, or who are studying elsewhere but are citizens of a Zonta country, who demonstrate evidence of the following, are eligible to apply.

- Active commitment to volunteerism.
- Experience in local government, student government, or workplace leadership (paid or unpaid).
- Volunteer leadership achievements.
- Knowledge of Zonta International and its programs.
- Support in Zonta International's mission of empowering women worldwide through service and advocacy. www.zonta.org/ywpa

This year's awardees are -

Leah Young

Leah is a Year 12 VCE student at Damascus College and a member of the school's Student Representative Council. She coaches Soccer and has volunteered at the Edmund Rice Camps. She is hoping to go on to study Psychology with the career goal of working in equine assisted therapy for kids with learning difficulties.

Nadrah Ayotola Obadina

Tola is a Year 12 VCE student at Phoenix College and a member of the school's Student Representative Council. She volunteers regularly at the Vinnes' Op Shop and assisted with the Helping Hand out of school care program in Sunshine. She is hoping to go on to study a Bachelor of Science at Deakin University with a long-term plan of studying pediatrics in the future.

Ashleigh Goossens

Ashleigh is a Year 12 VCE student at Ballarat Grammar School. She is the Year 7 mentor captain for her house and an outdoor education leader at her school. She has been volunteering as a leader at 1st Sebastopol Girl Guides, Pinarc and at the Holy Trinity Op Shop. She is hoping to go on to study a Bachelor of Education (Primary), at ACU Ballarat to become a primary school teacher.

Eloise Amirtharajah

Eloise is a Year 12 VCE student at Ballarat Clarendon College. She is the 2020 Senior Community Service Leader and a member of the City of Ballarat Youth council. She has been tutoring with Culturally Diverse Homework Clubs and fundraised for Aussie Action Abroad. She is hoping to go on to do a Bachelor of International Studies with a focus on global politics, gender studies and environmental policy.

Sharelle Knight YWPA Committee

Service Report

This year, forty toiletry bags were filled and donated to Berry Street to be distributed to women and children who need to leave the security of their homes suddenly due to domestic violence.



Helen Eyres, Service Committee member with the ladies from Berry Street

Due to the Berry Street Building being closed because of Covid19 restrictions, Nicole and Nicky from Berry Street collected the bags from my home. They said how grateful they were for the bags as there has been a great demand on their resources this year.

Thank you to everyone for your generous donations of toiletries for this worthwhile cause and to the Zonta Club of Bendigo for their donation of bags.

We need to start our collection for our next assembly day, so if you have any items you can donate, our committee would be most grateful. We are very short of small shampoos and have no conditioners.

**Maria Sozanski & Helen Eyres
Service Committee**

Rotary Raffle

We have heard from Maree Roache, President of RCBS that unfortunately due to COVID-19 restrictions they have now made the decision not to hold the 2020 Raffle.

This is very disappointing as it provides a good source of income for us and the many other clubs that take part each year. However, we look forward to participating once again in 2021.

Alison Round



Recently, District 23 launched the first meeting for ZONTA SAYS NOW To climate action, which was convened by Carole Theobald.

In September, a survey was sent out and then all members were asked to participate in the zoom meeting on 4th October.

The survey suggested the following five actions that we can work our way through – each action building on the previous one.

1. We learn about the climate crisis.
2. We reduce our own emissions.
3. We take a lead in our communities.
4. We advocate for climate action.
5. We collaborate with like-minded organisations.

Participants could answer 'Yes' or 'No', and there was space for any comments.

These actions start with ourselves and 'knock-on' to the wider community.

Val Sarah and I participated in the first meeting and everyone received a PowerPoint Presentation containing notes from the meeting. A draft copy of the framework is on the next page.

There are many very simple things we can all do to live more sustainably, if you have any tips on how to do this, or have read any books, seen any videos, please send through a review. Is there a great website you know about, our local councils are probably a great starting place?

The next Climate Action Meeting is on 15th November at 4 pm, if you are interested, I will forward the information on to you!

You can also go to the website - [Zonta for Climate Action](#)

**Catherine Taylor
District 23 Carole Theobald**



How we take action

1. We gather facts about gender inequity and climate change

- Having too much heat-trapping carbon dioxide in the atmosphere contributes to global warming leading to loss of sea ice, accelerated sea-level rise, and longer, more intense heat waves. This results in climate change including more extreme weather events such as bushfires, droughts and floods.
- Human actions can help to reduce global carbon dioxide emissions and prevent runaway global warming.
- Women and girls, especially those in poverty, face higher risk and experience a greater burden of climate change impacts. Due to socio-economic and physiological vulnerabilities, pre-existing gender-based disparities are broadened. During a disaster, women are at greater risk of displacement, experience higher rates of job loss, are more likely to be injured or killed, and are less likely to access help due to concerns for their safety. Extreme weather events see a dramatic increase in rates of interpersonal violence, and can precipitate early marriage or forced prostitution as a way to survive.
- Women are often not involved in decisions made about responses to climate change and need a stronger voice.

Useful resources

- *The Future We Choose: Surviving the climate crisis* by Christiana Figueres and Tom Rivett-Carmac. See also the weekly podcasts at <https://globaloptimism.com/>
- [How empowering women and girls can help stop global warming](#) by Katharine Wilkinson (TED Talk)

2. How we reduce our own emissions

- Use less plastic
- Buy thoughtfully
- Minimise waste
- Adopt new technologies
- Eat less meat
- Plant more trees
- Share tips on Facebook

Useful resources

- *Every Woman's Guide to Saving the Planet* by Natalie Isaacs. See <https://www.1millionwomen.com.au/>
- Plastic Free July <https://www.plasticfreejuly.org/>

3. We add our voice to influence communities

Use our learnings and experience from 1 and 2 to:

- Discuss climate change and the climate crisis with our family, friends and co-workers.
- Share ideas on social media.
- Share and present to other Zontians and members of any other groups, book clubs etc that you belong to.

Useful resources

- Tools to use social media.
- ZI leadership / presentation tools.

4. We advocate for gender equity in climate action

- Embed gender equity and climate change in club/area/district advocacy activities.
- Encourage each club to have a climate change champion to identify opportunities to advocate with other groups.

Useful resources

- Think Tank tools (to be developed)

5. We collaborate with like-minded organisations

- Work with other Clubs, Z Clubs and GZ Clubs on climate action projects
- Identify and collaborate with other people and apolitical organisations whose goals strongly align with Zonta's.
- Consider joining local, state and national climate action bodies to magnify our voice.
- Support our local governments to implement sustainable policies.

Useful resources

- [One Million Women](#) are women and girls from every corner of the planet building a lifestyle revolution to fight the climate crisis.
- [Climate Action Network Australia](#) – aims to build a fair and sustainable Australia free of climate pollution, where people and nature are protected from the dangerous climate change. (Part of global network)
- [350.org](#) aims to rapidly end fossil fuels by building a global climate movement.
- [Climate Australia.org.au](#) put women and girls at the heart of their work to save lives and defeat poverty.

UN Women Report – 11th October International Day of the Girl

Girls to Know: The next generation is already leading the way

Originally published on
[Medium.com/@UN Women](https://medium.com/@UN_Women)

Around the world, girls are driving change. They are activists and advocates on the front lines of movements for social and racial equality. They are calling for urgent climate action and demanding space at decision-making tables in their communities, countries and beyond. The theme for this year's International Day of the Girl, "My voice, our equal future", is highlighting how girls everywhere are leading the way in creating the world we all want and deserve. Here are just eight girls who are changing the world that you should know about.



Julieta Martinez, Chile

Julieta Martinez, is a 17-year-old climate and gender equity activist who founded an organization to empower girls and young people. The Tremendas Collaborative Platform works to encourage young people's social impact within their communities. It engages young people in major global and community issues including the environment, inclusion, gender, health and welfare and education. Julieta is also a member of UN Women's Generation Equality Youth Task Force, which places youth in the centre of dialogues and review process during the 25th anniversary of the Beijing Declaration and Platform for Action, the most comprehensive international agreement on women's rights and gender equality.

Neha, Nepal

Neha is a girls' rights and gender equality activist who grew up in a slum of Kathmandu, Nepal. She began her activism in community girl and youth clubs where she tackled issues from child trafficking to gender-based violence. Now, as a Plan International Global Young Influencer, she is an inspirational grassroots campaigner and leader in the Mahila Ekta Samaj Girls Network of Nepal which unites girl activists from the 10 major slums of the Kathmandu valley. Neha is also a programme presenter on Nepal's radio programme #CoolKids.com, where she raises awareness against the online sexual exploitation and harassment of girls. Ahead of International Day of the Girl Child, Neha joined UN Women and Plan International for a conversation on digital youth activism.

Latifatou Compaoré, Burkina Faso

Latifatou Compaoré, 14, learned the spirit of resistance from her mother. After undergoing Female Genital Mutilation and seeing another girl die because of it, Latty's mother committed to never compromising her own daughters' safety and health. After hearing her mother's story, Latty took up her activism and demands an end to the practice of FGM. She uses her talent as a singer to spread the word about how harmful FGM can be. In 2018, UNFPA celebrated Latty and other girl activists like her who are working to end the harmful practice.

Greta Thunberg, Sweden

This 16-year-old activist became the face of a global movement for climate change in 2019. Thunberg's movement started with her skipping school and camping out in front of the Swedish Parliament, demanding action to protect the planet for future generations, and grew to a global strike. In September 2019, Thunberg sailed across the Atlantic on an emissions-free boat to speak at the UN Climate Summit in New York, where she condemned world leaders for their lack of action.

Millie Bobby Brown, United Kingdom

Best-known for her role as "Eleven" in the hit series Stranger Things, Millie Bobby Brown is also a strong advocate for children's rights. As a UNICEF Goodwill Ambassador, the actor uses her voice to call attention to issues children are facing around the world, including lack of education and safe spaces, and the impact of violence, bullying and poverty.

Samaira Mehta, United States

At only 11 years old, Samaira Mehta is already the founder and CEO Coderbunnyz and Codermindz, two board games that introduce kids to the concepts of computer programming and artificial intelligence. She's also the creator of the "Yes, One Billion Kids Can Code" initiative, which aims to help one billion children gain access to STEM and coding tools by 2030.

Sofia Scarlet, Romania

Sofia Scarlet is a 17-year-old student from Romania. She founded Girl Up, Romania's first ever gender equality organization for teenagers and works to advance gender equality through the prevention of domestic violence, sexual violence and trafficking in persons. She is also a strong advocate for comprehensive sexual education and promotes legal assistance for underage victims of gender-based violence. In October 2020, Sofia was announced as a new member of the UN Women Generation Equality Youth Task Force.

Jakomba Jabbie, The Gambia

Jakomba Jabbie, 16, is a vocal advocate for the education of all girls in the Gambia, especially when it comes to science and technology skills. Jakomba's activism started within her own school, when she founded a robotics club after seeing that girls were not being encouraged to pursue technology and innovation courses and careers. The aspiring aerospace engineer serves as a major inspiration to all girls who want to pursue STEM studies, and always emphasizes the importance of giving girls space to excel in the fields where they are underrepresented. In 2019, Jakomba shared her story with UN Women during the 63rd session of the Commission on the Status of Women, where she participated in a side-event on equality in law for women and girls.

Joy O'Hazy's Life of Service to her Community

1999 - 2020 Joy O'Hazy has worked tirelessly as the Birthing Kit Foundation (Australia) co- founder, past chairperson, vice chairperson and current director, in providing international aid. Joy's vision has been instrumental in saving the lives of tens of thousands of women and babies.



Joy O'Hazy, image taken from her SA Nomination as Australian of the Year 2021

Joy O'Hazy is a medical doctor who was inspired by a presentation in 1995 about these small birthing kits that provided a clean birthing environment and can save a woman and baby's life. These small basic kits hold a sheet of plastic, soap, gloves, cords, sterile scalpel blade and gauze. These six items made an infection-free birth possible in the poorest of circumstances. Joy researched the items needed and brought the concept back to her Zonta Adelaide Hills Club and in 1999 the first 100 kits were sent to Papua New Guinea. The demand grew from there and the Zonta Birthing Kit project started and grew with the support of over 100 clubs nationally. In 2006, the Birthing Kit Foundation (Australia) was established to administer the programs.



The project has now grown to over 2.4 million kits made by volunteers in Australia and distributed into over 30 countries. The kits are targeted to regions where no other medical assistance exists. Most countries receiving the kits do not have the capacity to look after their birthing women. Over 10,000 traditional birth attendants have been trained extensively as education is power.

One great strength of the Birthing Kit Project is that it inspires and involves volunteers from throughout the Australian community and fosters the values of volunteering and providing aid to others. Annually, over 20,000 volunteers gather including University and high school students for 'Assembly Days' to assemble 180,000 kits from the component parts. The impact of this simple kit extends to many in our community in Australia. A woman birthing on a dirt floor will next use the kit they make and it may save a woman and baby's life.

In 2014, at the Zonta International (ZI) Convention in Orlando Florida, the Zonta Birthing Kit Project was voted 'Best District Service Project' worldwide, as part of the inaugural Zonta International Service Recognition awards.

The Birthing Kit Project is just one achievement in a life spent tirelessly supporting the welfare of women, migrants, refugees and other disadvantaged people, both internationally and in Australia.

1987 to 2020: Joy is foundation member of the Adelaide Hills Zonta Club, advocating and advancing the status of women worldwide at local community, national and international level. She served as president for three years and has held numerous executive positions.

In 1989, Joy served as a consultant to the International Planned Parenthood Federation in Papua New Guinea and the Solomon Islands.

1990 – 2004: Joy volunteered with the South Australian branch of Habitat for Humanity and served as a state board member. Habitat helps people obtain safe and decent housing, along with the strength, stability, and independence to build better lives. Joy was an international volunteer worker on four Habitat for Humanity housing builds in the Philippines, Fiji and South Africa.

1995 – 97: Elected as Mayor of the City of Mitcham in South Australia. Joy served as the first female Mayor of the City of Mitcham in South Australia. Previously, Joy served as Councillor for the Park Ward of Mitcham from 1989 to 1995.

In 1996 while Mayor, Joy founded the Mitcham Women's Meeting Place to provide the opportunity for women of all ages, backgrounds and experience to meet in a friendly, informal environment, and to enjoy guest speakers, activities, discussions and occasional outings. This group continues to the present day, a legacy she particularly treasures.

1997 to 2003 Joy was a medical adviser and served on the board of Overseas Pharmaceutical Aid for Life, an organisation sourcing and distributing surplus pharmaceuticals and other medical supplies to developing countries. 1999 and 2001 Joy served on the UNIFEM National Management Committee for international programs.

2000 Sydney Olympics Joy was a volunteer doctor. In 2004, she volunteered for six months with Medecins Sans Frontieres as a doctor assisting Afghan refugees, based in Mashhad, Iran. She was second in charge of this posting while she was serving.

From 2016 Joy has served as the Vice Chair of Gloria Health Association Australia Inc. Joy is currently providing mentoring and guidance to young members of the South Sudanese community in South Australia via the Gloria Health Association Australia Inc. an organisation dedicated to empowering and improving the health of women and children in South Sudan through educating the South Sudanese community on maternal health, providing access to female hygiene resources, establishing health training centres, and birthing clinics.

1981: Joy trained as a doctor at the University of Adelaide, graduating with a MBBS. Joy has had a wide involvement with the medical community in Adelaide over forty years, with a strong interest in Women's Health and the care of migrants and refugees.

1984: Joy gained a Diploma in Obstetrics and Gynaecology (Royal Australian and New Zealand College of Obstetrics and Gynaecology), and has a Family Planning Certificate.

From 1986, Joy worked as a resident doctor and senior medical officer for Family Planning South Australia (later Shine).

1990 to 1993: Joy was Senior Medical Officer at the Queen Victoria Hospital. 1995 and 2003 a partner in a women's general practice. 2004 and 2018 was a doctor with Migrant Health Services. 2002 to 2019 Joy has been serving South Australia's rural community through the Royal Flying Doctor Service and Rural Doctors Workforce Agency. Also, as part of the Federal Government's female GP woman's rural health service, flying into towns lacking female doctors such as Ceduna, Kimba, Cleve, Cowell and Penola.

Joy has spent her life working tirelessly to improve the lives of women.